

1 **ON THE EXISTENCE OF GENERALIZED BREATHERS AND TRANSITION FRONTS**
2 **IN TIME-PERIODIC NONLINEAR LATTICES**

3 CHRISTOPHER CHONG*, DMITRY E. PELINOVSKY†, AND GUIDO SCHNEIDER ‡

4 **Abstract.** We prove the existence of a class of time-localized and space-periodic breathers (called q -gap breathers) in
5 nonlinear lattices with time-periodic coefficients. These q -gap breathers are the counterparts to the classical space-localized
6 and time-periodic breathers found in space-periodic systems. Using normal form transformations, we establish rigorously the
7 existence of such solutions with oscillating tails (in the time domain) that can be made arbitrarily small, but finite. Due to
8 the presence of the oscillating tails, these solutions are coined generalized q -gap breathers. Using a multiple-scale analysis,
9 we also derive a tractable amplitude equation that describes the dynamics of breathers in the limit of small amplitude. In
10 the presence of damping, we demonstrate the existence of transition fronts that connect the trivial state to the time-periodic
11 ones. The analytical results are corroborated by systematic numerical simulations.

12 **1. Introduction.** The classical discrete breather is a fundamental coherent structure of nonlinear
13 lattices. They can be found in many fields, ranging from photonics, electrical circuits, condensed matter
14 physics, molecular biology, chemistry, and phononics [12]. Breathers are relevant for applications, such as
15 information storage and transfer in the context of photonic crystals [4], but are also rich mathematically
16 and have inspired countless numerical and analytical studies [23, 9]. The discrete breather is localized in
17 space and periodic in time with temporal frequency lying within a frequency gap [12]. Spatially periodic
18 media can have frequency gaps, and hence, discrete breathers are possible in such systems [21].

19 If breathers can be found in the frequency gap of spatially periodic media, what can be found in the
20 wavenumber gap of temporally periodic media? While this question is a natural one to ask, it has only
21 been very recently addressed. In the context of a photonic time crystal, it was formally shown in [34] that
22 structures that are localized in time and periodic in space can be found in the wavenumber bandgap of
23 temporally periodic media. The structure reported on had same defining features as the classic breather,
24 but with the role of space and time switched. Such solutions are called q -gap breathers, where q stands for
25 the wavenumber.

26 In the presence of damping, so-called transition fronts are possible in a q -gap, which connect the
27 trivial state to time-periodic ones. q -gap breathers and transition fronts were studied numerically and
28 experimentally in the context of a nonlinear phononic lattice in [7]. The experimental platform therein was
29 based on the one developed in [25], where bifurcations of time-periodic solutions were studied.

30 It is the purpose of this paper to establish rigorously the existence of q -gap breathers and transition
31 fronts and to provide a tractable analytical approximation of their dynamics. q -gap breathers are a new
32 type of structure, and are distinct from q -breathers, which are localized in wavenumber and periodic in
33 time [13]. Temporal localization can also be achieved via other mechanisms, including zero-wavenumber
34 gain modulation instability [29] and nonlinear resonances [5, 46]. Integrable equations admit such solutions
35 explicitly, e.g., the Akhmediev breathers of the nonlinear Schrödinger (NLS) equation [1] and its discrete
36 counterpart, the Ablowitz-Ladik lattice [2]. A feature that distinguishes q -gap breathers from other tem-
37 porally localized structures, like the ones just described, is the fact that the underlying wavenumber lies
38 in a q -gap.

*Department of Mathematics, Bowdoin College, Brunswick, ME 04011, USA
e-mail: cchong@bowdoin.edu.

†Department of Mathematics and Statistics, McMaster University, Hamilton, Ontario, Canada, L8S 4K1
e-mail: dmpeli@math.mcmaster.ca

‡Institut für Analysis, Dynamik und Modellierung, Universität Stuttgart, 70569 Stuttgart, Germany
e-mail: guido.schneider@mathematik.uni-stuttgart.de

39 Wavenumber bandgaps for the (possible) existence of q -gap breathers can be found in a wide class
 40 of temporally periodic lattices. Indeed, there have been many recent advances in experimental platforms
 41 for time-varying systems, including photonic [41, 44, 45, 32], electric [35, 27, 36], and phononic examples
 42 [38, 42, 31, 33, 24]. Controllable temporal localization has potential applications in the creation of phononic
 43 frequency combs [16] (see also [5, 46]), energy harvesting [28, 39], or acoustic signal processing [19]. The
 44 alternate mechanism for temporal localization that q -gap breathers afford and the wide availability of
 45 platforms in which they may be implemented suggest the potential utility of q -gap breathers in photonic,
 46 phononic, electrical, and even chemical or biological applications [7].

47 **1.1. Model equations and physical motivation.** The mathematical model for the present study
 48 is a time-periodic nonlinear lattice,

$$49 \quad \underline{m}\ddot{u}_n + c\dot{u}_n + k(t)u_n = F(u_{n+1} - u_n) - F(u_n - u_{n-1}) \quad (1.1)$$

50 with mass \underline{m} , damping parameter $c \geq 0$, the time-periodic modulation of the spring parameter $k(t) =$
 51 $k(t + T)$ for a period $T > 0$, and the inter-particle force F . Assuming Dirichlet boundary conditions
 52 $u_0(t) = u_{N+1}(t) = 0$ for some integer N , we have a $2N$ -dimensional dynamical system obtained from (1.1)
 53 at $n = 1, 2, \dots, N$. We use $U := (u_1, u_2, \dots, u_N)$ for further references in the main results.

54 We will consider a polynomial form of the inter-particle force

$$55 \quad F(w) = K_2w - K_3w^2 + K_4w^3, \quad K_2 > 0 \quad (1.2)$$

56 in which Eq. (1.1) corresponds to the classical Fermi-Pasta-Ulam-Tsingou (FPUT) lattice if $k(t) = 0$ and
 57 $c = 0$ [11, 15]. The FPUT lattice is a central equation in the study of nonlinear waves [43], partly due to
 58 its relevance as a model in phononic, electrical, and biological systems (among others), its mathematical
 59 richness [3], and its place in history as the first test-bed for numerical simulations [8].

60 One concrete motivation for studying system (1.1) with a time-periodic stiffness term $k(t) = k(t + T)$ is
 61 that it describes an array of repelling magnets surrounded by time modulated coils. It was in this setting
 62 that q -gap breathers were observed experimentally [7]. In this case $F(w)$ models the repulsive force of the
 63 magnets, and is given by

$$64 \quad F(w) = -\frac{a_1}{(d + w)^{a_2}}, \quad (1.3)$$

65 where $d, a_1, a_2 > 0$ are material parameters. Using the Taylor expansion of Eq. (1.3) at $w = 0$ gives a
 66 correspondence to the FPUT model with F given by Eq. (1.2) with

$$67 \quad K_2 = \frac{a_2 a_1}{d^{a_2+1}}, \quad K_3 = \frac{a_2(a_2 + 1)a_1}{2d^{a_2+2}}, \quad K_4 = \frac{a_2(a_2 + 1)(a_2 + 2)a_1}{6d^{a_2+3}}. \quad (1.4)$$

68 For $k(t) = k(t + T)$, we will use a specific choice for illustrations that is motivated by the experimental
 69 set-up of [7]. In particular, we consider a piecewise constant time-periodic parameter function $k(t)$ in the
 70 form:

$$71 \quad k(t) = \begin{cases} k_a, & t \in [0, \tau_d T), \\ k_b, & t \in [\tau_d T, T), \end{cases} \quad (1.5)$$

for a $\tau_d \in [0, 1]$ and where k_a, k_b are the so-called modulation amplitude parameters and τ_d is the duty-cycle.
 Using the rescaling

$$u_n(t) \rightarrow \frac{K_2}{K_3} u_n \left(\sqrt{\frac{K_2}{\underline{m}}} t \right)$$

72 leads to the normalized parameter values with $\underline{m}, K_2, K_3 \rightarrow 1$. We note that the results of this paper are
 73 applicable for more general parameter choices and time-periodic coefficients $k(t) = k(t + T)$ and to lattices
 74 with $K_j(t) = K_j(t + T)$ for $j = 2, 3, \dots$

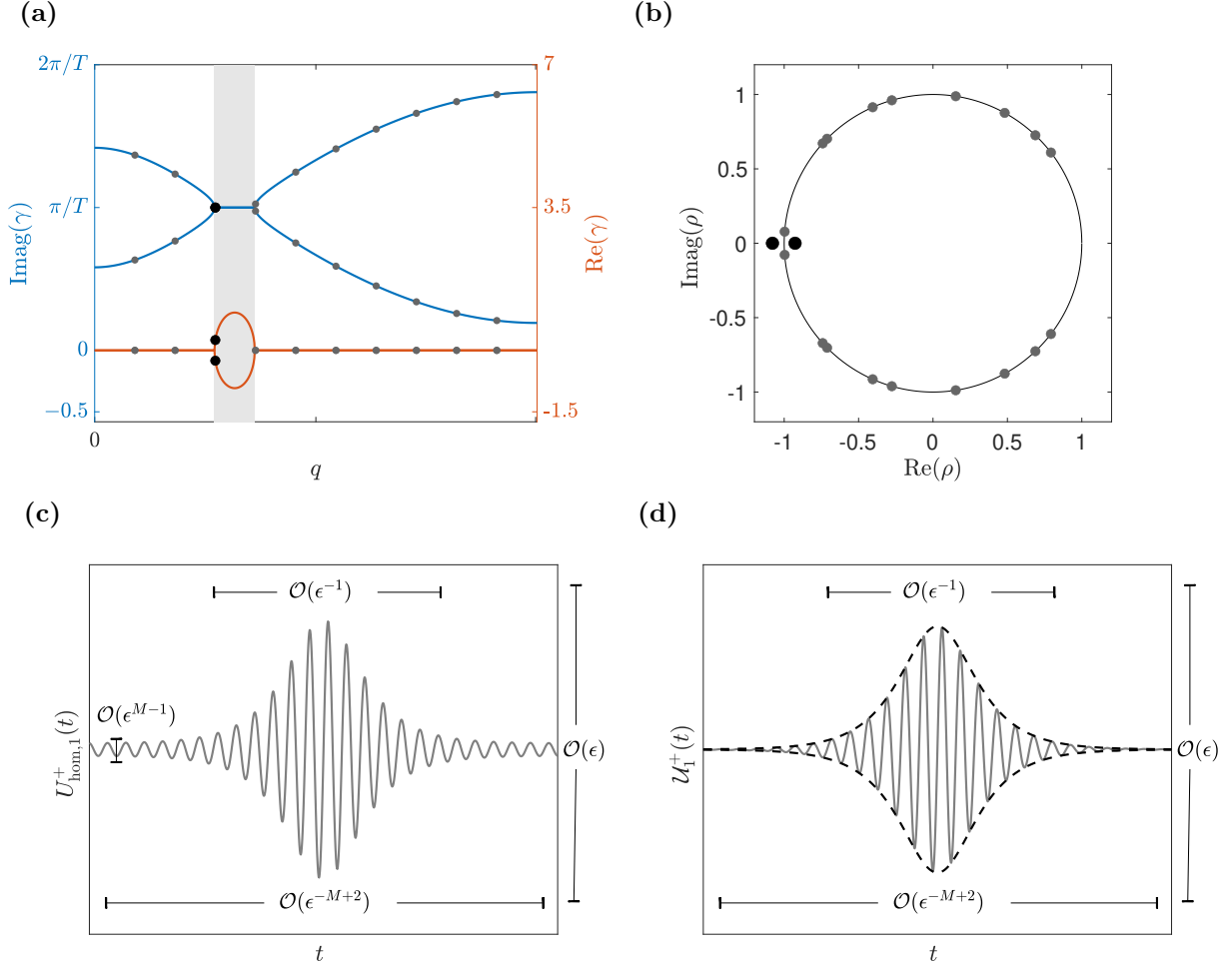


FIG. 1.1. (a) The real (red) and imaginary (blue) part of the Floquet exponent γ as a function of Fourier wavenumber $q \in [0, \pi]$ in the infinite lattice. The gray shaded region corresponds to the wavenumber bandgap. The gray markers correspond to the Floquet exponents with a lattice size of $N = 10$. The $m_0 = 3$ exponents lie in wavenumber bandgap (larger black markers). The parameter values are $\underline{m} = K_2 = 1$, $c = 0$, $T = 1/0.37$, $\tau_d = 0.5$, $k_a = 0.6$ and $k_b = 0.8$. (b) Floquet multipliers corresponding to panel (a). One of the $m_0 = 3$ multipliers (larger black markers) has modulus exceeding unity. (c) Conceptualization of a generalized q -gap breather. The first component of $U_{\text{hom},1}^+ = (u_1, u_2, \dots, u_N)$ is shown. (d) The analytical approximation of the solution shown in panel (c), namely U^+ . The first component of U^+ is shown.

75 **1.2. Summary of main results.** We will develop rigorous proofs of the existence of oscillating
 76 homoclinic solutions for $c = 0$ and heteroclinic solutions for small damping $c > 0$ of Eq. (1.1) with time-
 77 periodic stiffness $k(t)$. Since the tails of homoclinic solutions have small oscillations that do not vanish
 78 at infinity, the solutions can also be thought of as generalized q -gap breathers. Similar nomenclature has
 79 been adopted of the description of classical breathers with non-zero tails in space-time continuous systems
 80 [17] and with spatially periodic coefficients [10]. See [14] for discussion of how the interchange of time and
 81 space variables affects derivation and justification of the homoclinic solutions.

82 Before stating the main theorems of the paper, let us describe intuitively the generalized q -gap breathers
 83 for $c = 0$. In the presence of time-periodic stiffness $k(t)$, some wavenumbers may fit into the gap in the
 84 dispersion relationship, as seen in Fig. 1.1(a). The corresponding Floquet multipliers are shown in panel (b)

(details on the Floquet theory follow in Sec. 2). Unlike the situation for frequency gaps in (linear) spatially periodic media, exponential growth of Fourier modes occurs if the wavenumber is inside the gap of the dispersion relation since the Floquet exponent in the gap has positive real part, or equivalently, the Floquet multiplier has modulus exceeding unity. Due to this (parametric) instability, initializing Eq. (1.1) with such a Fourier mode will initially lead to growth. However, as the amplitude increases, the nonlinearity of the system comes into play, and, as we shall prove later, has a localizing affect on the dynamics, see Fig. 1.1(c). This solution, however, cannot decay to zero. This is due to the presence of neutrally stable modes (i.e., the Floquet multipliers lying on the unit circle). During the dynamic evolution, all of the Fourier modes will couple (due to the nonlinearity). The presence of the neutrally stable modes causes the small oscillations, as seen in the tails of Fig. 1.1(c). From a dynamical systems point of view, the trivial state has one unstable direction, one stable direction, and $2N - 2$ neutral directions. While genuine homoclinic solutions could be found in the intersection of the associated one-dimensional stable and unstable manifolds, it cannot be expected that such an intersection exists in an $2N$ -dimensional phase space. Thus, only homoclinic solutions with small oscillating ripples for $|t| \rightarrow \infty$ exist. These solutions lie in the intersection of the $2N - 1$ -dimensional center-stable manifold with the $2N - 1$ -dimensional center-unstable manifold of the origin, for which we use the time-reversibility of the system (1.1) with $k(t)$ given by (1.5). The distance the wavenumber of the unstable Fourier mode is to the edge of the gap defines a small parameter $\varepsilon > 0$ (how exactly is detailed in Sec. 2). With normal form transformations for time-periodic systems (details in Secs. 3-6) it can be shown that the oscillating ripples can be made arbitrarily small, i.e., of order $\mathcal{O}(\varepsilon^{M-1})$ at the time scale of $\mathcal{O}(\varepsilon^{-M+2})$ with some $M \in \mathbb{N}$ arbitrarily large but fixed, see Fig. 1.1(c). Using a multiple-scale analysis (details in Sec. 7), one can derive an explicit approximation of a genuine homoclinic orbit, see Fig. 1.1(d), which agrees with the leading order of the generalized breather's profile.

We are now ready to present the main theorem on the existence of two homoclinic orbits with oscillating ripples, i.e., generalized q -gap breathers. The assumptions **(Spec)** and **(Coeff)** are described in Secs. 2 and 5 respectively. The small parameter ε is defined in **(Spec)** and explicitly in the representation for $k(t) = k(t + T)$.

THEOREM 1.1. *Assume the spectral condition **(Spec)** and the normal form coefficient condition **(Coeff)** are satisfied. Then for every $M \in \mathbb{N}$ with $M \geq 3$ there exists an $\varepsilon_0 > 0$ and $C_0 > 0$ such that for all $\varepsilon \in (0, \varepsilon_0)$ the system (1.1) with the time-periodic coefficient (1.5) and $c = 0$ possesses two generalized homoclinic solutions $U_{\text{hom}}^{\pm} \in C^1([-\varepsilon^{-M+2}, \varepsilon^{-M+2}], \mathbb{R}^N)$ satisfying*

$$\sup_{t \in [-\varepsilon^{-M+2}, \varepsilon^{-M+2}]} \|U_{\text{hom}}^{\pm}(t) - \mathcal{U}^{\pm}(t)\| + \|(U_{\text{hom}}^{\pm})'(t) - (\mathcal{U}^{\pm})'(t)\| \leq C_0 \varepsilon^{M-1}$$

where $\mathcal{U}^{\pm}(t) : \mathbb{R} \rightarrow \mathbb{R}^N$ satisfy $\lim_{|t| \rightarrow \infty} \|\mathcal{U}^{\pm}(t)\| + \|(\mathcal{U}^{\pm})'(t)\| = 0$ and can be approximated as

$$(\mathcal{U}^{\pm})_n(t) = \pm \varepsilon A(\varepsilon t) g(t) \sin(q_{m_0} n) + \mathcal{O}(\varepsilon^2),$$

where $g(t + T) = -g(t)$ and $A(\tau) = \alpha \text{sech}(\beta \tau)$ are uniquely defined, real-valued functions with some $\alpha, \beta > 0$, see Eq. (8.1) below.

In case of small damping $c = \mathcal{O}(\varepsilon)$ each of the two homoclinic orbits U_{hom}^{\pm} of Theorem 1.1 breaks up. There exist two non-zero anti-periodic solutions $\mathcal{U}_{\text{per}}^{\pm}(t + T) = -\mathcal{U}_{\text{per}}^{\pm}(t)$ with a $2N$ -dimensional stable manifold for $c > 0$.

Therefore, as can be seen by counting the dimensions, the one-dimensional unstable manifold from the zero equilibrium intersects the $2N$ -dimensional stable manifolds of one the two non-zero anti-periodic solutions $\mathcal{U}_{\text{per}}^{\pm}$ transversally. In contrast to the oscillating homoclinic orbits, the heteroclinic orbits have no oscillating ripples as $t \rightarrow -\infty$ and converge to the orbits of the anti-periodic solutions $\mathcal{U}_{\text{per}}^{\pm}$ as $t \rightarrow +\infty$, see Figure 1.2.

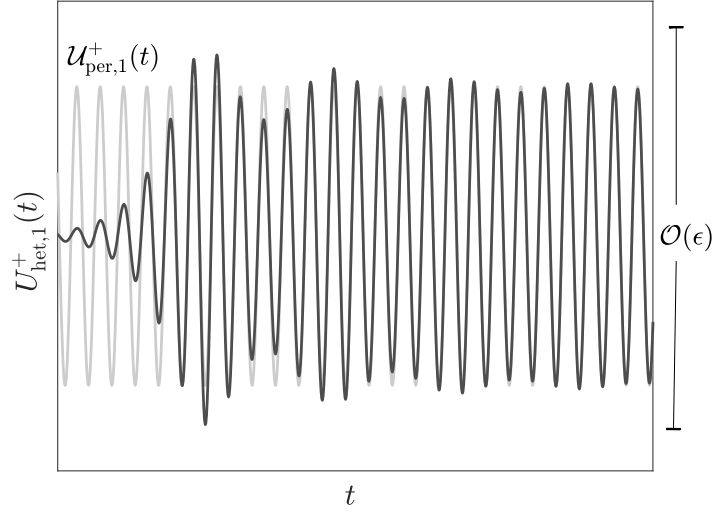


FIG. 1.2. Example of the transition front $U_{\text{het}}^+ = (u_1, u_2, \dots, u_N)$, where the first component is shown. The first component of the anti-periodic solution U_{per}^+ is also shown as the light gray line.

121 Existence of the anti-periodic solutions U_{per}^\pm is guaranteed by the following theorem.

THEOREM 1.2. Assume the spectral condition **(Spec)** and the normal form coefficient condition **(Coeff)**. Fix $\tilde{c} \geq 0$. Then there exists an $\varepsilon_0 > 0$ and $C_0 > 0$ such that for all $\varepsilon \in (0, \varepsilon_0)$ the system (1.1) with the time-periodic coefficient (1.5) and $c = \tilde{c}\varepsilon > 0$ possesses anti-periodic solutions U_{per}^\pm such that $U_{\text{per}}^\pm(t + T) = -U_{\text{per}}^\pm(t)$ and

$$\sup_{t \in \mathbb{R}} \|U_{\text{per}}^\pm(t)\| + \|(U_{\text{per}}^\pm)'(t)\| \leq C_0\varepsilon.$$

122 The following theorem presents the main result on the existence of the heteroclinic orbits (transition
123 fronts) between the trivial solution 0 and the anti-periodic solutions U_{per}^\pm .

THEOREM 1.3. Assume the spectral condition **(Spec)** and the normal form coefficient condition **(Coeff)**. Fix $\tilde{c} > 0$. Then there exists an $\varepsilon_0 > 0$ such that for all $\varepsilon \in (0, \varepsilon_0)$ the system (1.1) with the time-periodic coefficient (1.5) and $c = \tilde{c}\varepsilon > 0$ possesses two heteroclinic solutions $U_{\text{het}}^\pm \in C^1(\mathbb{R}, \mathbb{R}^N)$ such that

$$\lim_{t \rightarrow -\infty} U_{\text{het}}^\pm(t) = 0, \quad \lim_{t \rightarrow -\infty} (U_{\text{het}}^\pm)'(t) = 0$$

and

$$\lim_{t \rightarrow +\infty} \inf_{t_0 \in [0, T]} \|U_{\text{het}}^\pm(t) - U_{\text{per}}^\pm(t + t_0)\| + \|(U_{\text{het}}^\pm)'(t) - (U_{\text{per}}^\pm)'(t + t_0)\| = 0,$$

124 where U_{per}^\pm are the anti-periodic solutions of (1.1) from Theorem 1.2.

125 *Remark 1.4.* Because of the quadratic nonlinearity in the FPUT system (1.1), the homoclinic, anti-
126 periodic, and heteroclinic orbits in Theorems 1.1-1.3 are not related by the sign reflection even though
127 the leading orders obtained from the cubic normal form are related by the sign reflection, see Eq. (7.18).
128 However, if $K_3 = 0$, these orbits are related by the sign reflection up to any orders due to the symmetry of
129 the FPUT system (1.1).

130 The article is organized as follows. Section 2 presents the Floquet and spectral analysis of the linearized
131 FPUT system and introduce assumption **(Spec)**. Preparations for the normal form transformations are

132 described in Section 3. Normal form transformations are described in Section 4. The proof of Theorem 1.1
 133 is given in Section 5, where assumption **(Coeff)** is introduced. Section 6 contains the proof of Theorems
 134 1.2 and 1.3. A multiple-scale analysis is carried out in Section 7, which provides tractable approximations
 135 for both breathers and fronts. It also allows verification of **(Coeff)** through direct computation. Numerical
 136 illustrations of the main results are described in Section 8. Section 9 concludes the paper with a summary
 137 and brief discussions.

138 **Funding:** This work was partially supported by the National Science Foundation under grant number
 139 DMS-2107945 (C. Chong). D. E. Pelinovsky is partially supported by AvHumboldt Foundation as Hum-
 140 boldt Research Award. G. Schneider is partially supported by the Deutsche Forschungsgemeinschaft DFG
 141 through the cluster of excellence 'SimTech' under EXC 2075-390740016.

142 **2. The linearized system.** The linearized FPUT system at the trivial (zero) equilibrium is given
 143 by

$$144 \quad \underline{m}\ddot{u}_n + c\dot{u}_n + k(t)u_n = K_2(u_{n+1} - 2u_n + u_{n-1}) \quad (2.1)$$

for $n = 1, 2, \dots, N$ with Dirichlet boundary conditions $u_0(t) = u_{N+1}(t) = 0$. The linearized system (2.1) is solved by a linear superposition of the discrete Fourier sine modes:

$$u_n(t) = \sum_{m=1}^N \hat{u}_m(t) \sin(q_m n), \quad q_m := \frac{\pi m}{N+1}, \quad 1 \leq m \leq N.$$

145 The m -th Fourier mode has the amplitude $\hat{u}_m(t)$ for which the linear FPUT equation (2.1) transforms to
 146 the linear Schrödinger equation

$$147 \quad \mathcal{L}\hat{u}_m = K_2\omega^2(q_m)\hat{u}_m, \quad (2.2)$$

148 where

$$149 \quad \mathcal{L} := -\underline{m}\partial_t^2 - c\partial_t - k(t), \quad k(t+T) = k(t)$$

151 and

$$152 \quad \omega^2(q) := 4 \sin^2\left(\frac{q}{2}\right), \quad q \in [0, \pi].$$

154 We will review solutions of the spectral problem (2.2) by using the Floquet theory and the spectral theory
 155 of the Schrödinger operators.

156 **2.1. Floquet theory.** To obtain the monodromy matrix associated to (2.2) for general time-periodic
 157 coefficients $k(t)$, one may resort to numerical computation or perturbation analysis [26]. However, in
 158 the case of piecewise constant $k(t)$ as in (1.5), this can be done explicitly [6, 37] (see also [7]). For the
 159 convenience of the readers, we summarize the relevant results.

160 Let $\lambda_m := K_2\omega^2(q_m)$ for each $1 \leq m \leq N$, and define $s_a, s_b > 0$ by

$$161 \quad s_{a,b} := \sqrt{\frac{\lambda_m + k_{a,b}}{\underline{m}} - \frac{c^2}{4\underline{m}^2}}. \quad (2.3)$$

162 Note that s_a, s_b also depend on $m = 1, 2, \dots, N$ but the index m is dropped from the notation for
 163 simplicity. We obtain the exact solution of (2.2):

$$164 \quad \hat{u}_m(t) = \begin{cases} e^{-\frac{ct}{2\underline{m}}} [A_0 \cos(s_a t) + B_0 \sin(s_a t)], & t \in [0, \tau_d T), \\ e^{-\frac{ct}{2\underline{m}}} [C_0 \cos(s_b(t - \tau_d T)) + D_0 \sin(s_b(t - \tau_d T))], & t \in [\tau_d T, T), \end{cases} \quad (2.4)$$

165 with some constants A_0, B_0, C_0, D_0 . By C^1 -continuity across $t = \tau_d T$, we obtain

$$166 \quad \begin{bmatrix} C_0 \\ D_0 \end{bmatrix} = \begin{bmatrix} \cos(s_a \tau_d T) & \sin(s_a \tau_d T) \\ -\frac{s_a}{s_b} \sin(s_a \tau_d T) & \frac{s_a}{s_b} \cos(s_a \tau_d T) \end{bmatrix} \begin{bmatrix} A_0 \\ B_0 \end{bmatrix}. \quad (2.5)$$

167 The monodromy matrix J is obtained as a mapping

$$168 \quad \begin{cases} \hat{u}_m(0) = A_0, \\ \hat{u}'_m(0) = s_a B_0 - \frac{c}{2m} A_0 \end{cases} \Rightarrow \begin{cases} \hat{u}_m(T) = e^{-\frac{cT}{2m}} A_1, \\ \hat{u}'_m(T) = e^{-\frac{cT}{2m}} \left[s_a B_1 - \frac{c}{2m} A_1 \right], \end{cases} \quad (2.6)$$

169 with

$$170 \quad \begin{bmatrix} A_1 \\ B_1 \end{bmatrix} = \begin{bmatrix} \cos(s_b(1 - \tau_d)T) & \sin(s_b(1 - \tau_d)T) \\ -\frac{s_b}{s_a} \sin(s_b(1 - \tau_d)T) & \frac{s_b}{s_a} \cos(s_b(1 - \tau_d)T) \end{bmatrix} \begin{bmatrix} C_0 \\ D_0 \end{bmatrix} =: J \begin{bmatrix} A_0 \\ B_0 \end{bmatrix}. \quad (2.7)$$

172 Since $\det(J) = 1$ and

$$173 \quad \text{trace}(J) = 2 \cos(s_a \tau_d T) \cos(s_b(1 - \tau_d)T) - \frac{s_a^2 + s_b^2}{s_a s_b} \sin(s_a \tau_d T) \sin(s_b(1 - \tau_d)T), \quad (2.8)$$

174 the eigenvalues ρ_1 and ρ_2 of J satisfies

$$\rho_1 \rho_2 = 1, \quad \rho_1 + \rho_2 = \text{trace}(J),$$

175 with only three possibilities:

- 176 • $\text{trace}(J) > 2$ implies $0 < \rho_1 < 1 < \rho_2 = \rho_1^{-1}$,
- 177 • $-2 \leq \text{trace}(J) \leq 2$ implies $\rho_1 = \bar{\rho}_2 \in \mathbb{C}$ with $|\rho_{1,2}| = 1$,
- 178 • $\text{trace}(J) < -2$ implies $\rho_2 = \rho_1^{-1} < -1 < \rho_1 < 0$.

179 The Floquet exponents of the mapping (2.6) are given by $\gamma_{1,2} = v_{1,2} - \frac{c}{2m}$, where

- 180 • $\text{trace}(J) > 2$ implies $v_{1,2} = \pm \log(\rho_2)/T$,
- 181 • $-2 \leq \text{trace}(J) \leq 2$ implies $v_{1,2} = \pm i \arg(\rho_1)/T$,
- 182 • $\text{trace}(J) < -2$ implies $v_{1,2} = i\pi/T \pm \log(|\rho_2|)/T$.

183 If $c = 0$, the trivial solution $U = 0$ is spectrally stable if all Floquet exponents are purely imaginary. This
 184 corresponds to the case with $-2 \leq \text{trace}(J) \leq 2$. Figure 2.1(a) shows the Floquet multipliers ρ in the
 185 critical case where $\text{trace}(J) = -2$ with $m = 3$. The corresponding Floquet exponents $\gamma = v$ are shown in
 186 Fig. 2.1(b).

2.2. Spectral theory. Let us review the spectral properties of the Schrödinger operator

$$\mathcal{L} : H^2(\mathbb{R}) \subset L^2(\mathbb{R}) \rightarrow L^2(\mathbb{R})$$

187 with a T -periodic coefficient $k(t) = k(t + T)$ in the particular case of $c = 0$. The spectrum of \mathcal{L} is purely
 188 continuous and consists of bands disjoint from each other by some gaps:

$$189 \quad \sigma(\mathcal{L}) = [\nu_0, \mu_1] \cup [\mu_2, \nu_1] \cup [\nu_2, \mu_3] \cup [\mu_4, \nu_3] \cup \dots \quad (2.9)$$

190 where $\{\nu_j\}_{j=0}^\infty$ are eigenvalues of $\mathcal{L}f = \nu f$ with periodic boundary conditions $f(t + T) = f(t)$ and $\{\mu_j\}_{j=1}^\infty$
 191 are eigenvalues of $\mathcal{L}g = \mu g$ with anti-periodic boundary conditions $g(t + T) = -g(t)$. Eigenvalues $\{\nu_j\}_{j=0}^\infty$
 192 correspond to $\text{trace}(J) = 2$ of the Floquet theory, whereas eigenvalues $\{\mu_j\}_{j=1}^\infty$ correspond to $\text{trace}(J) = -2$
 193 and the spectral bands correspond to $-2 \leq \text{trace}(J) \leq 2$.

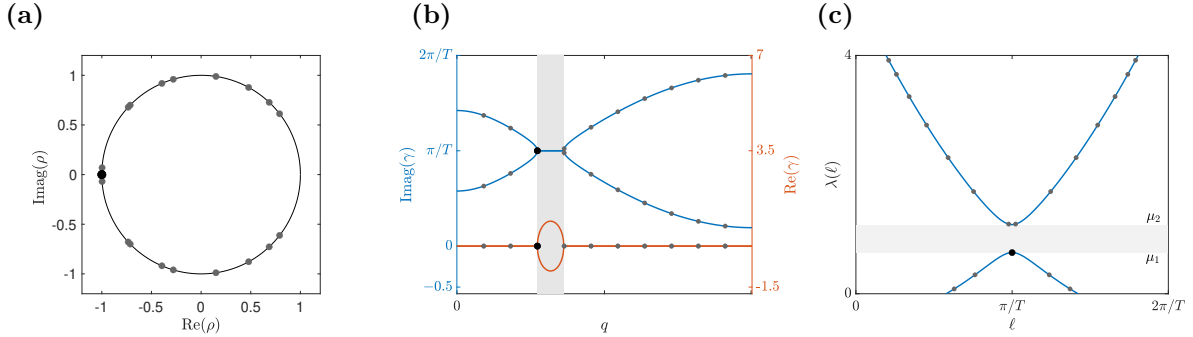


FIG. 2.1. Bifurcation scenario for the parameter set $\underline{m} = K_2 = 1$, $c = 0$, $T = 1/0.37$ and $\tau_d = 0.5$. With the critical modulation amplitude parameters $k_a^0 = 0.5$ and $k_b^0 = 0.79$, the critical Fourier mode is $m_0 = 3$. (a) Plot of the Floquet multipliers, ρ , in the complex plane (the unit circle is shown for visual aid). The $m_0 = 3$ multiplier lies exactly at -1 on the unit circle (larger black marker). (b) The real (red) and imaginary (blue) part of the Floquet exponent γ as a function of Fourier wavenumber $q \in [0, \pi]$ in the infinite lattice. The gray shaded region corresponds to the wavenumber bandgap. The gray markers correspond to the Floquet exponents with a lattice size of $N = 10$. The $m_0 = 3$ exponent lies exactly at the left edge of the wavenumber bandgap (larger black marker). (c) Spectral bands (blue curves) of the Schrödinger operator as a function of $\ell = \text{imag}(\gamma)$, the imaginary part of the Floquet exponent. The gray dots show the corresponding values in the finite lattice with $N = 10$. The eigenvalues μ_1 and μ_2 define the edges of the band gap, shown as the gray shaded region. The $m_0 = 3$ mode lies exactly at the top of the first spectral band (larger black marker).

194 *Remark 2.1.* Note that λ is parameterized by the wavenumber q in $\lambda = K_2\omega^2(q)$, which in turn de-
 195 termines the Floquet exponent γ . Within the spectral bands, the corresponding Floquet exponents are
 196 purely imaginary and are of the form $\gamma = i\ell$. An example plot showing the dependence of λ on ℓ is shown
 197 in Fig. 2.1(c). For this example there is one band gap, which is the shaded region in the figure. The band
 198 gap edges are given by μ_1 (the bottom of the gap) and μ_2 (the top of the gap). This representation of the
 199 spectrum will be useful later when we derive an amplitude equation for the description of the envelope of
 200 the breather in Sec. 7. In particular, the concavity of $\lambda(\ell)$ will play a key role.

201 We define *the bifurcation* for a particular stiffness $k(t) \equiv k_0(t)$, for which $\mathcal{L} \equiv \mathcal{L}_0$, if there exists an integer
 202 $1 \leq m_0 \leq N$ such that $\lambda_{m_0} = K_2\omega^2(q_{m_0})$ coincides with the end point of $\sigma(\mathcal{L}_0)$ and $\lambda_m = K_2\omega^2(q_m)$ for
 203 $m \neq m_0$ are located inside $\sigma(\mathcal{L}_0)$. For the bifurcation shown in Figure 2.1, λ_{m_0} coincides with μ_1 , for which
 204 the two bifurcating Floquet exponents are given by $\gamma_0 = i\frac{\pi}{T}$ with $\ell_0 := \frac{\pi}{T}$. This bifurcation corresponds to
 205 $\lambda_1''(\ell_0) < 0$ and

$$206 \quad [0, 4K] \subset [\nu_0, \nu_1], \quad K_2\omega^2(q_{m_0}) = \mu_1. \quad (2.10)$$

207 Equivalently, we can obtain a bifurcation when λ_{m_0} coincides with μ_2 with $\lambda_2''(\ell_0) > 0$ and

$$208 \quad [0, 4K] \subset [\nu_0, \nu_1], \quad K_2\omega^2(q_{m_0}) = \mu_2. \quad (2.11)$$

209 The two bifurcating Floquet exponents γ_0 correspond to the Floquet multiplier ρ at -1 . All other Floquet
 210 exponents γ are assumed to be on the imaginary axis bounded away from 0 and γ_0 . The corresponding
 211 Floquet multipliers ρ are on the unit circle bounded away from $+1$ and -1 .

212 The bifurcation in terms of Floquet multipliers is shown in Fig. 2.1(a), whereas Fig. 2.1(b) shows the
 213 bifurcation in terms of Floquet exponents. The spectral bands of the Schrödinger operator \mathcal{L}_0 are shown
 214 in Fig. 2.1(c). Notice that the discrete mode $m_0 = 3$ lies exactly at $(\ell, \lambda) = (\ell_0, \mu_1)$, where $\ell_0 = \frac{\pi}{T}$.

215 **2.3. Spectral assumption and defining the small parameter ε .** With the linear theory in hand,
 216 we can now specify the spectral assumption as follows.

217 **(Spec)** *There exists a periodic coefficient $k_0(t+T) = k_0(t)$, for which all Floquet exponents lie on the*
 218 *imaginary axis. With the exception of two exponents at $\frac{i\pi}{T}$, they are assumed to be simple and non-zero.*
 219 *For small $\varepsilon > 0$ we assume that the two Floquet exponents at $\frac{i\pi}{T}$ split symmetrically from the imaginary*
 220 *axis along the real axis to the order of $\mathcal{O}(\varepsilon)$.*

221 We can define ε more explicitly by using the decomposition

$$222 \quad k(t) = k_0(t) + \delta\varepsilon^2, \quad (2.12)$$

where δ is a proper sign factor. For $c = 0$, the small parameter ε is related to the distance of the critical Floquet exponents $\gamma = v$ from the imaginary axis in the following way. The real part of the Floquet exponent γ which depends on ε is given by

$$\operatorname{Re}(\gamma) = \frac{1}{T} \cosh^{-1} \left(-\frac{1}{2} \operatorname{trace}(J) \right).$$

223 Since we know from **(Spec)** that $\operatorname{trace}(J) = -2$ with $\varepsilon = 0$ (for $k(t) = k_0(t)$), a series expansion of
 224 the real part of the Floquet exponent about $\varepsilon = 0$ yields $\operatorname{Re}(\gamma) = \mathcal{O}(\varepsilon)$, where we used the fact that
 225 $\cosh^{-1}(1+w) \approx \sqrt{2w}$ and $\operatorname{trace}(J) = -2 + \mathcal{O}(\varepsilon^2)$. In Sec. 7.2 we will show that

$$226 \quad \operatorname{Re}(\gamma) = \varepsilon \frac{\sqrt{2}}{\sqrt{|\lambda''(\ell_0)|}} + \mathcal{O}(\varepsilon^2), \quad (2.13)$$

227 where $\lambda(\ell)$ is the corresponding band of \mathcal{L}_0 at $\ell_0 = \frac{\pi}{T}$ and the sign of δ is selected to be the opposite of
 228 the sign of $\lambda''(\ell_0)$.

229 *Remark 2.2.* One can relate the small parameter ε to the distance of the bifurcating wavenumber q_{m_0}
 230 to the band edge in the following way. For a fixed ε , suppose the wavenumber bandgap is $[q_\ell, q_r]$, where the
 231 left edge q_ℓ and right edge q_r depend on ε and can be found by solving $\operatorname{trace}(J) = -2$ with $\lambda = K_2\omega^2(q)$.
 232 Suppose that the critical wavenumber q_{m_0} coincides with the left band edge at the bifurcation point, (i.e.,
 233 $q_{m_0} = q_\ell$ when $\varepsilon = 0$). Then, for $\varepsilon > 0$, the distance to the band edge is $\Delta q = q_\ell - q_{m_0}$. By inspection
 234 of (2.3) and (2.8), if one knows the critical values of k_a^0 and k_b^0 then Δq can be determined by solving
 235 $\lambda(\ell(q_{m_0})) = \lambda(\ell(q_{m_0} + \Delta q)) + \delta\varepsilon^2$ which yields

$$236 \quad \Delta q = q_{m_0} - 2 \sin^{-1} \left(\sqrt{\sin^2(q_{m_0}/2) - \frac{\delta\varepsilon^2}{4K_2}} \right) = \frac{\delta\varepsilon^2}{\partial_q \lambda(\ell(q_{m_0}))} + \mathcal{O}(\varepsilon^4). \quad (2.14)$$

237 Thus $\Delta q = \mathcal{O}(\varepsilon^2)$.

238 **3. Normal form transformations.** The FPUT system (1.1) consists of N oscillators with Dirichlet
 239 boundary conditions. By augmenting the vector $U(t) \in \mathbb{R}^N$ with $U'(t) \in \mathbb{R}^N$ as the vector $V(t) \in \mathbb{R}^{2N}$, we
 240 rewrite the $2N$ -dimensional time-periodic system in the abstract form:

$$241 \quad \dot{V}(t) = Q(t)V(t) + N(V(t)), \quad (3.1)$$

242 with the time-periodic coefficient matrix $Q(t) = Q(t+T) \in \mathbb{R}^{2N \times 2N}$ being piecewise continuous on $[0, T]$
 243 for a period $T > 0$ and the nonlinear function $N(V) : \mathbb{R}^{2N} \rightarrow \mathbb{R}^{2N}$ being smooth at $V = 0$ with $N(0) = 0$
 244 and $D_V N(0) = 0$. The solutions of the linear system

$$245 \quad \dot{V}(t) = Q(t)V(t) \quad (3.2)$$

246 are, according to Floquet's theorem, of the form

$$247 \quad V(t) = P(t)e^{\Lambda t}V(0) \quad (3.3)$$

248 with a T -time-periodic matrix function $P(t) = P(t+T) \in \mathbb{R}^{2N \times 2N}$ and a time-independent matrix $\Lambda \in$
 249 $\mathbb{R}^{2N \times 2N}$, eigenvalues of which coincide with Floquet exponents in Section 2.

250 *Remark 3.1.* Eigenvalues γ of the matrix Λ are uniquely defined in the strip:

$$251 \quad -\frac{\pi}{T} < \text{Imag}(\gamma) \leq \frac{\pi}{T}. \quad (3.4)$$

Eigenvalues of Λ are generally complex-valued but we use the presentation (3.3) with real $P(t)$ and real Λ for convenience of the normal form transformations. For example, if $\gamma = \alpha \pm i\beta$ are two complex-conjugate eigenvalues of Λ , then the canonical form for the corresponding block of $\Lambda \in \mathbb{R}^{2N \times 2N}$ is

$$\begin{bmatrix} \alpha & \beta \\ -\beta & \alpha \end{bmatrix}.$$

252 *Remark 3.2.* As preparations for the normal form transformation, we can consider the time-periodic
253 system (3.1) on the double period $2T$. The advantage of this approach is that the bifurcating Floquet
254 exponents in the stripe (3.4) correspond to zero Floquet exponents in the $2T$ -periodic system. The solution
255 (3.3) of the linear system (3.2) can be rewritten in the form:

$$256 \quad V(t) = \tilde{P}(t)e^{\tilde{\Lambda}t}V(0), \quad (3.5)$$

257 with the time-periodic matrix function $\tilde{P}(t) = \tilde{P}(t + 2T) \in \mathbb{R}^{2N \times 2N}$ and the time-independent matrix
258 $\tilde{\Lambda} \in \mathbb{R}^{2N \times 2N}$. According to the assumption (**Spec**) at the bifurcation point, $\tilde{\Lambda}$ has a double zero eigenvalue
259 and all other (purely imaginary) eigenvalues of $\tilde{\Lambda}$ are simple and bounded away from 0.

Remark 3.3. For the normal form transformation in Section 4 we need the following property of $\tilde{P}(t)$. Comparing the two representations of the fundamental matrix solution

$$\Phi(t) = P(t)e^{\Lambda t} = \tilde{P}(t)e^{\tilde{\Lambda}t},$$

we obtain

$$\tilde{P}(t) = P(t)e^{\pi it/T} = \sum_{m \in \mathbb{Z}} P_m e^{2\pi imt/T} e^{\pi it/T},$$

260 with P_m being constant $2N \times 2N$ -matrices.

261 We now transform the system (3.1) on the double period to a convenient form for which the linear part
262 is autonomous in t . Let $V(t) = \tilde{P}(t)W(t)$, then $W(t) \in \mathbb{R}^{2N}$ satisfies the time-periodic system:

$$263 \quad \dot{W}(t) = \tilde{\Lambda}W(t) + \tilde{P}(t)^{-1}N(\tilde{P}(t)W(t)). \quad (3.6)$$

264 We define the projection Π_0 on the subspace associated with the double zero eigenvalue of $\tilde{\Lambda}$ by

$$265 \quad \Pi_0 = \frac{1}{2\pi i} \int_{\Gamma_0} (\lambda I - \tilde{\Lambda})^{-1} d\lambda, \quad (3.7)$$

266 where Γ_0 is a closed curve surrounding the origin in the λ plane counter-clockwise. The projection on the
267 two other $(2N - 2)$ eigenvalues of $\tilde{\Lambda}$ on the imaginary axis is defined by $\Pi_h = I - \Pi_0$. The range of Π_0 is
268 two-dimensional and the range of Π_h is $(2N - 2)$ -dimensional.

269 We apply these projections on system (3.6) and find for $W_0 = \Pi_0 W$ and $W_h = \Pi_h W$ that

$$270 \quad \dot{W}_0(t) = \Lambda_0 W_0(t) + N_0(W_0, W_h), \quad (3.8)$$

$$271 \quad \dot{W}_h(t) = \Lambda_h W_h(t) + N_h(W_0, W_h) + H(W_0), \quad (3.9)$$

272 where we have introduced $\Pi_0 \tilde{\Lambda} = \Lambda_0 \Pi_0$, $\Pi_h \tilde{\Lambda} = \Lambda_h \Pi_h$,

$$273 \quad N_0(W_0, W_h) := \Pi_0 \tilde{P}(t)^{-1} N(\tilde{P}(t)W(t)),$$

$$274 \quad N_h(W_0, W_h) + H(W_0) := \Pi_h \tilde{P}(t)^{-1} N(\tilde{P}(t)W(t)).$$

276 The splitting into $N_h(W_0, W_h) + H(W_0)$ is justified with $N_h(W_0, 0) = 0$. System (3.8)-(3.9) is extended by
 277 the additional equation $\dot{\varepsilon} = 0$, where ε is the bifurcation parameter in **(Spec)**.

278 *Remark 3.4.* In the context of the time-periodic system (3.6) on the double period, we recall that W_0
 279 represents the modes associated to the two Floquet exponents which split from the double zero and leave
 280 the imaginary axis and that W_h represents the modes associated to the other $(2N - 2)$ Floquet exponents
 281 which stay on the imaginary axis for small bifurcation parameter ε .

282 We use the normal form transformations to reduce the order of $H(W_0)$ in terms of powers of $\|W_0\|$.

LEMMA 3.5. *For every $M \geq 2$ there exists an $\varepsilon_0 > 0$ such that for all $\varepsilon \in (0, \varepsilon_0)$ there exists a change
 of coordinates*

$$W_{0,M} = W_0, \quad W_{h,M} = W_h + G(W_0)$$

283 such that system (3.8)-(3.9) transforms into

$$284 \quad \dot{W}_0 = \Lambda_0 W_0 + N_{0,M}(W_0, W_{h,M}), \quad (3.10)$$

$$285 \quad \dot{W}_{h,M} = \Lambda_h W_{h,M} + N_{h,M}(W_0, W_{h,M}) + H_M(W_0), \quad (3.11)$$

286 with $N_{h,M}(W_0, 0) = 0$ and $H_M(W_0) = \mathcal{O}(\|W_0\|^M)$.

Proof. We set $W_{h,2} = W_h$ and then inductively

$$W_{h,n+1} = W_{h,n} + G_n(W_0),$$

287 with $G_n(W_0)$ being a n -linear mapping in W_0 . After the transformations we have a system of the form

$$288 \quad \dot{W}_0 = \Lambda_0 W_0 + N_{0,n+1}(W_0, W_{h,n+1}), \quad (3.12)$$

$$289 \quad \dot{W}_{h,n+1} = \Lambda_h W_{h,n+1} + N_{h,n+1}(W_0, W_{h,n+1}) + H_{n+1}(W_0), \quad (3.13)$$

290 with

$$\begin{aligned} 291 \quad N_{0,n+1}(W_0, W_{h,n+1}) &= N_{0,n}(W_0, W_{h,n} - G_n(W_0)), \\ 292 \quad N_{h,n+1}(W_0, W_{h,n+1}) &= N_{h,n}(W_0, W_{h,n} - G_n(W_0)) \\ &\quad - (D_{W_0} G_n(W_0))(N_{0,n}(W_0, W_{h,n}) - N_{0,n}(W_0, 0)), \\ 293 \quad H_{n+1}(W_0) &= H_n(W_0) + \Lambda_h G_n(W_0) \\ 294 &\quad - (D_{W_0} G_n(W_0))(\Lambda_0 W_0 + N_{0,n}(W_0, 0)), \\ 295 \end{aligned}$$

296 and so $N_{h,n+1}(W_0, 0) = 0$. In order to have $H_{n+1}(W_0) = \mathcal{O}(\|W_0\|^{n+1})$ if $H_n(W_0) = \mathcal{O}(\|W_0\|^n)$ we have to
 297 choose G_n such that

$$298 \quad H_{n,n}(W_0) + \Lambda_h G_n(W_0) - (D_{W_0} G_n(W_0))\Lambda_0 W_0 = 0, \quad (3.14)$$

where $H_{n,n}(W_0)$ is the n -linear part of $H_n(W_0)$, i.e. $H_n(W_0) - H_{n,n}(W_0) = \mathcal{O}(\|W_0\|^{n+1})$. Since

$$H_{n,n}(W_0)(t) = H_{n,n}(W_0)(t + 2T)$$

we also have to choose $G_n(W_0)(t) = G_n(W_0)(t + 2T)$. Using Fourier series

$$G_n(W_0)(t) = \sum_{m \in \mathbb{Z}} G_n(W_0)[m] e^{\pi i m t / T}$$

299 it is easy to see that (3.14) can be solved w.r.t. G_n since according to the assumption **(Spec)**, none of the
 300 eigenvalues λ_j of Λ_h are located at 0 and Λ_0 has a double zero eigenvalue. As a result, the term $H(W_0)$
 301 can be made arbitrarily small in terms of powers of $\|W_0\|$. \square

302 *Remark 3.6.* The sequence of normal form transformations is not convergent and so we stop after
 303 $M - 1$ transformations with some large but fixed $M \in \mathbb{N}$, for which we have $H_M(W_0) = \mathcal{O}(\|W_0\|^M)$. Note
 304 that the minimum of $H_M(W_0)$ is attained for $M = \mathcal{O}(1/\|W_0\|)$ -many transformations, after which H_M is
 305 exponentially small in terms of $\|W_0\|$, cf. [30].

306 **4. Normal form transformations for the reduced system.** If we ignore the terms $H_M(W_0)$
 307 in (3.10)-(3.11), then $\{W_{h,M} = 0\}$ is an invariant subspace for (3.10)-(3.11). In this two-dimensional
 308 subspace the reduced system is obtained by setting $W_{h,M} = 0$ in the first equation. So we consider the
 309 two-dimensional ODE

$$310 \quad \dot{W}_0 = \Lambda_0 W_0 + N_{0,M}(W_0, 0). \quad (4.1)$$

311 At the bifurcation point Λ_0 possesses a double eigenvalue $\lambda = 0$ with algebraic multiplicity two and geometric
 312 multiplicity one. Thus, we have a Jordan-block of size two. The eigenvector of $\tilde{\Lambda}$ is denoted with φ_1 and
 313 the generalized eigenvector with φ_2 , i.e. $\tilde{\Lambda}\varphi_1 = 0$ and $\tilde{\Lambda}\varphi_2 = \varphi_1$. If we introduce coordinates A, B by

$$314 \quad W_0 = A\varphi_1 + B\varphi_2 \quad (4.2)$$

315 we can rewrite (4.1) as the following two-dimensional system

$$316 \quad \dot{A} = B + f_A(t, A, B), \quad (4.3a)$$

$$317 \quad \dot{B} = \tilde{\varepsilon}^2 A + f_B(t, A, B), \quad (4.3b)$$

where f_A and f_B stand for real-valued nonlinear terms which are of the form

$$f_A(t, A, B) = \sum_{n=2}^{\infty} \sum_{j=0}^n \sum_{m \in \mathbb{Z}} f_{A,n,j,m} A^j B^{n-j} e^{2im\pi t/T} e^{i(n-1)\pi t/T}$$

318 and similarly for f_B , where $f_{A,n,j,m}$ and $f_{B,n,j,m}$ are independent of time. To simplify notations, we
 319 introduce here the normalized small parameter $\tilde{\varepsilon}$ for the distance of the two Floquet exponents from the
 320 imaginary axis. According to the expansion (2.13), we have

$$321 \quad \tilde{\varepsilon} = \varepsilon \frac{\sqrt{2}}{\sqrt{|\lambda''(\ell_0)|}} + \mathcal{O}(\varepsilon^2). \quad (4.4)$$

322 For analyzing (4.3) we simplify this system by eliminating a number of terms by another normal form
 323 transformation

LEMMA 4.1. *There exists an $\tilde{\varepsilon}_0 > 0$ such that for all $\tilde{\varepsilon} \in (0, \tilde{\varepsilon}_0)$ there exists a change of coordinates*

$$A = A_3 + F_A(A_3, B_3), \quad B = B_3 + F_B(A_3, B_3),$$

324 *with F_A and F_B polynomials not containing linear terms, such that system (4.3a)-(4.3b) transforms into*

$$325 \quad \dot{A}_3 = B_3 + f_{A,3,3,-1,2} A_3^3 + f_{A,3,2,-1,2} A_3^2 B_3 + f_{A,3,1,-1,2} A_3 B_3^2 + f_{A,3,0,-1,2} B_3^3 + \mathcal{O}(|A_3|^4 + |B_3|^4),$$

$$326 \quad \dot{B}_3 = \tilde{\varepsilon}^2 A_3 + f_{B,3,3,-1,2} A_3^3 + f_{B,3,2,-1,2} A_3^2 B_3 + f_{B,3,1,-1,2} A_3 B_3^2 + f_{B,3,0,-1,2} B_3^3 + \mathcal{O}(|A_3|^4 + |B_3|^4),$$

327 *with real-valued coefficients $f_{A,n,j,m,2}$ and $f_{B,n,j,m,2}$.*

328 *Proof.* It is well known that all terms which have a pre-factor which is oscillating in time can be elimi-
 329 nated by a normal form transform or equivalently by averaging, cf. [18, 40]. The technique is elaborated in
 330 the Normal Form Theorem III of [22, Theorem III.13]. For the quadratic terms there is no term which has
 331 a pre-factor which is constant in time and so all quadratic terms can be eliminated by a transformation
 332

$$333 \quad A = A_2 + \sum_{j=0}^2 \sum_{m \in \mathbb{Z}} g_{A,2,j,m,1} A_2^j B_2^{2-j} e^{2im\pi t/T} e^{i\pi t/T},$$

$$334 \quad B = B_2 + \sum_{j=0}^2 \sum_{m \in \mathbb{Z}} g_{B,2,j,m,1} A_2^j B_2^{2-j} e^{2im\pi t/T} e^{i\pi t/T}.$$

335

336 By suitably choosing the coefficients $g_{A,2,j,m,1}$ and $g_{B,2,j,m,1}$ we find

$$337 \quad \dot{A}_2 = B_2 + \sum_{n=3}^{\infty} \sum_{j=0}^n \sum_{m \in \mathbb{Z}} f_{A,n,j,m,1} A_2^j B_2^{n-j} e^{2im\pi t/T} e^{i(n-1)\pi t/T},$$

$$338 \quad \dot{B}_2 = \tilde{\varepsilon}^2 A_2 + \sum_{n=3}^{\infty} \sum_{j=0}^n \sum_{m \in \mathbb{Z}} f_{B,n,j,m,1} A_2^j B_2^{n-j} e^{2im\pi t/T} e^{i(n-1)\pi t/T},$$

339

340 with new time-independent coefficients $f_{A,n,j,m,1}$ and $f_{B,n,j,m,1}$. For simplifying the cubic terms we make
341 a near identity transformation

$$342 \quad A_2 = A_3 + \sum_{j=0}^3 \sum_{m \in \mathbb{Z}} g_{A,3,j,m,2} A_3^j B_3^{3-j} e^{2im\pi t/T},$$

$$343 \quad B_2 = B_3 + \sum_{j=0}^3 \sum_{m \in \mathbb{Z}} g_{B,3,j,m,2} A_3^j B_3^{3-j} e^{2im\pi t/T}.$$

344

345 Again by suitably choosing the coefficients $g_{A,3,j,m,2}$ and $g_{B,3,j,m,2}$ we find

$$346 \quad \dot{A}_3 = B_3 + f_{A,3,3,-1,2} A_3^3 + f_{A,3,2,-1,2} A_3^2 B_3 + f_{A,3,1,-1,2} A_3 B_3^2 + f_{A,3,0,-1,2} B_3^3$$

$$347 \quad + \sum_{n=4}^{\infty} \sum_{j=0}^n \sum_{m \in \mathbb{Z}} f_{A,n,j,m,2} A_3^j B_3^{n-j} e^{2im\pi t/T} e^{i(n-1)\pi t/T},$$

$$348 \quad \dot{B}_3 = \tilde{\varepsilon}^2 A_3 + f_{B,3,3,-1,2} A_3^3 + f_{B,3,2,-1,2} A_3^2 B_3 + f_{B,3,1,-1,2} A_3 B_3^2 + f_{B,3,0,-1,2} B_3^3$$

$$349 \quad + \sum_{n=4}^{\infty} \sum_{j=0}^n \sum_{m \in \mathbb{Z}} f_{B,n,j,m,2} A_3^j B_3^{n-j} e^{2im\pi t/T} e^{i(n-1)\pi t/T},$$

350

351 with new coefficients $f_{A,n,j,m,2}$ and $f_{B,n,j,m,2}$. □

352 **5. Proof of Theorem 1.1.** Here we obtain the oscillating homoclinic solutions with small tails for
353 $c = 0$. The bifurcating solutions scale as $A_3(t) = \tilde{\varepsilon} \tilde{A}(\tau)$ and $B_3(t) = \tilde{\varepsilon}^2 \tilde{B}(\tau)$, with $\tau = \tilde{\varepsilon} t$. For the rescaled
354 variables we find

$$355 \quad \partial_{\tau} \tilde{A} = \tilde{B} + \mathcal{O}(\tilde{\varepsilon}), \quad (5.1a)$$

$$356 \quad \partial_{\tau} \tilde{B} = \tilde{A} + f_{B,3,3,-1,2} \tilde{A}^3 + \mathcal{O}(\tilde{\varepsilon}). \quad (5.1b)$$

357 Ignoring the terms of order $\mathcal{O}(\tilde{\varepsilon})$ we find two homoclinic solutions to the origin, see the left panel of Figure
358 5.1, if the following sign condition holds.

(Coeff) Assume that

$$f_{B,3,3,-1,2} < 0.$$

359 *Remark 5.1.* It is shown in Section 7 that (Coeff) can generally be satisfied either at the bifurcation
360 (2.10) or (2.11).

361 *Remark 5.2.* The truncated system (5.1), with $\mathcal{O}(\tilde{\varepsilon})$ terms neglected, admits an explicit solution

$$362 \quad \begin{cases} \tilde{A}_{\text{hom},0}(\tau) = \sqrt{2|f_{B,3,3,-1,2}|^{-1}} \text{sech}(\tau - \tau_0), \\ \tilde{B}_{\text{hom},0}(\tau) = -\sqrt{2|f_{B,3,3,-1,2}|^{-1}} \tanh(\tau - \tau_0) \text{sech}(\tau - \tau_0), \end{cases} \quad (5.2)$$

363 where $f_{B,3,3,-1,2} < 0$ and $\tau_0 \in \mathbb{R}$ is to our disposal.

364 In the invariant subspace $\{W_{h,M} = 0\}$ the homoclinic orbits persist in the reduced system (4.1) if the
 365 following reversibility condition holds.

366 **(Rev)** Assume that there exists $t_0 \in [0, T]$ such that $k(t - t_0) = k(t_0 - t)$.

367 *Remark 5.3.* Condition **(Rev)** is satisfied for $k(t)$ defined in (1.5) with either $t_0 = \frac{1}{2}\tau_d T$ or $t_0 =$
 368 $\frac{1}{2}(\tau_d + 1)T$. There exist many other possible time-periodic coefficients $k(t)$ satisfying the reversibility
 369 condition (5.3) which lead to the same kind of solutions as in Theorems 1.1.

As a consequence of the reversibility, if $t \mapsto (\tilde{A}(t), \tilde{B}(t))$ is a solution, so is

$$t \mapsto (\tilde{A}(2t_0 - t), -\tilde{B}(2t_0 - t)).$$

Hence, the one-dimensional unstable manifold of the origin of the time $2T$ -mapping transversely intersects the fixed space of reversibility $\{(\tilde{A}, \tilde{B}) : \tilde{B} = 0\}$ and continue from the upper half to the lower half of the phase plane, see the right panel of Figure 5.1. Hence, by extending $(\tilde{A}(t), \tilde{B}(t))_{t \leq t_0}$ by its mirror picture $(\tilde{A}(2t_0 - t), -\tilde{B}(2t_0 - t))_{t \geq t_0}$ at the fixed space of reversibility we constructed a homoclinic orbit

$$(A, B)(t) = (\tilde{\varepsilon} \tilde{A}_{\text{hom}}(\varepsilon t), \tilde{\varepsilon}^2 \tilde{B}_{\text{hom}}(\tilde{\varepsilon} t))$$

370 for the reduced system (4.3), where $\tilde{A}_{\text{hom}} = \tilde{A}_{\text{hom},0} + \mathcal{O}(\tilde{\varepsilon})$ and $\tilde{B}_{\text{hom}} = \tilde{B}_{\text{hom},0} + \mathcal{O}(\tilde{\varepsilon})$ with the leading-order
 371 solution given by (5.2). In the original variables the homoclinic orbit is denoted with \mathcal{W} and corresponds
 372 to the truncation $W_{h,M} = 0$ for a given $M \in \mathbb{N}$.

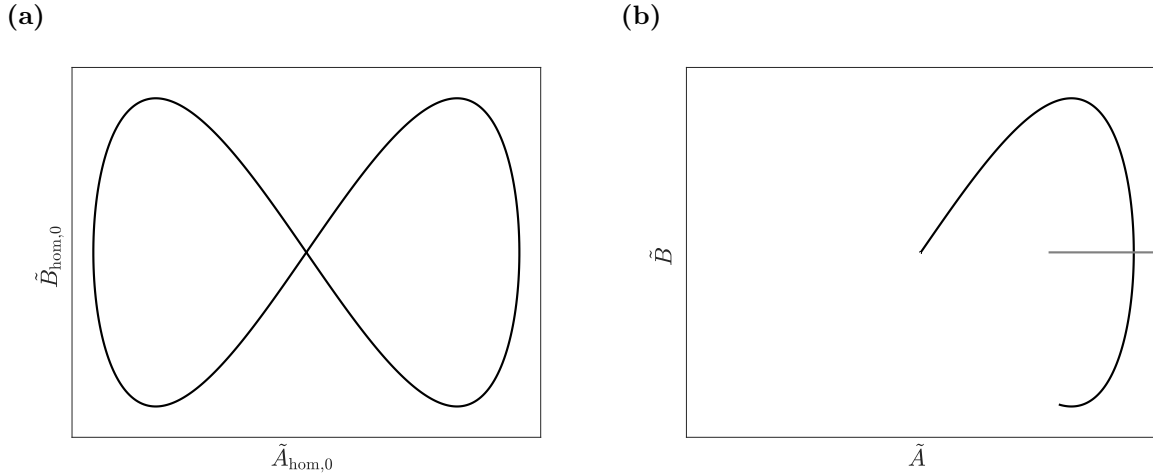


FIG. 5.1. (a) Two homoclinic solutions of Eq. (5.1) with $\mathcal{O}(\tilde{\varepsilon})$ terms neglected. (b) A sketch of the transversal intersection of the unstable manifold with the fixed space of reversibility.

373 The rest of this section contains the proof of Theorem 1.1, which we rewrite in notations of Sections 3
 374 and 4 as follows.

THEOREM 5.4. Assume the validity of **(Spec)**, **(Coeff)**, and **(Rev)**. Then there exists an $\tilde{\varepsilon}_0 > 0$ and $C_0 > 0$ such that for all $\tilde{\varepsilon} \in (0, \tilde{\varepsilon}_0)$ and every $M \in \mathbb{N}$ with $M \geq 3$ the system (3.8)-(3.9) possesses a generalized homoclinic solution $W_{\text{hom}} : [-\tilde{\varepsilon}^{-M+2}, \tilde{\varepsilon}^{-M+2}] \rightarrow \mathbb{R}^{2N}$ with

$$\sup_{t \in [-\tilde{\varepsilon}^{-M+2}, \tilde{\varepsilon}^{-M+2}]} \|W_{\text{hom}}(t) - \mathcal{W}(t)\| \leq C_0 \tilde{\varepsilon}^{M-1}$$

with $\lim_{|t| \rightarrow \infty} \mathcal{W}(t) = 0$. Moreover, for $\mathcal{W}(t) = (\mathcal{W}_0(t), \mathcal{W}_h(t))$ we have

$$\sup_{t \in [-\tilde{\varepsilon}^{-M+2}, \tilde{\varepsilon}^{-M+2}]} \|\mathcal{W}_h(t)\| \leq C_0 \tilde{\varepsilon}^2$$

and

$$\sup_{t \in [-\tilde{\varepsilon}^{-M+2}, \tilde{\varepsilon}^{-M+2}]} \|\mathcal{W}_0(t) - \tilde{\varepsilon} A_{\text{hom},0}(\tilde{\varepsilon}^2 t) \varphi_1\| \leq C_0 \tilde{\varepsilon}^2,$$

375 with $A_{\text{hom},0}$ given by (5.2).

376 *Proof.* To prove persistence of \mathcal{W} if the terms $H_M(W_0) = \mathcal{O}(\|W_0\|^M)$ are taken into account, we use
 377 again the reversibility. Obviously, it is impossible that the one-dimensional unstable manifold transversally
 378 intersects the N -dimensional fixed space of reversibility for the full system (3.10)-(3.11). Therefore, it can
 379 only be expected that the homoclinic solutions persist as solutions with small tails for $|t| \rightarrow \infty$. This can
 380 rigorously be shown by intersecting the $2N - 1$ -dimensional center-unstable manifold with the fixed space
 381 of reversibility. Obviously this intersection is a transversal intersection.

On the center-unstable manifold the solutions converge towards the center manifold for $t \rightarrow -\infty$ with some exponential rate. However, the solutions on the center manifold can grow slowly, hence it remains to obtain bounds for such solutions. In a first step we apply another normal form transformation

$$W_{0,M} = \widetilde{W}_{0,M} + Q_0(W_0, W_{h,M}), \quad W_{h,M} = \widetilde{W}_{h,M} + Q_h(W_0, W_{h,M})$$

to eliminate the bilinear terms which are linear in W_0 and linear in $W_{h,M}$ from the full system (3.10)-(3.11), where the

$$Q_{0,h}(W_0, W_{h,M}) = \sum_{m \in \mathbb{Z}} Q_{0,h}(W_0, W_{h,M})[m] e^{2im\pi t/T} e^{i\pi t/T}$$

382 are bilinear mappings in their arguments. With some slight abuse of notation we skip the tildes and
 383 reconsider the system (3.10)-(3.11) but now with $N_{0,M}$ and $N_{h,M}$ additionally satisfying

$$\begin{aligned} 384 \quad \|N_{0,M}(W_0, W_{h,M})\| &\leq C(\|W_0\|^3 + \|W_0\|^2 \|W_{h,M}\| + \|W_{h,M}\|^2), \\ 385 \quad \|N_{h,M}(W_0, W_{h,M})\| &\leq C(\|W_0\|^2 \|W_{h,M}\| + \|W_{h,M}\|^2). \end{aligned}$$

386 The transformations are possible due to the spectral assumption (**Spec**).

387 In a second step we introduce the deviation \widetilde{W}_0 from the homoclinic orbit \mathcal{W}_0 by $W_0 = \mathcal{W}_0 + \widetilde{W}_0$. The
 388 subsequent estimates on the deviation \widetilde{W}_0 have already been carried out in a number of papers, cf. [17, 10].
 389 We use the cutoff functions to estimate the solutions on $[-\xi_0, \xi_0]$ with a suitable chosen large ξ_0 as $\tilde{\varepsilon} \rightarrow 0$.

390 The homoclinic orbit can be estimated pointwise by $\|\mathcal{W}_0(t)\| \leq \tilde{\varepsilon} q(\tilde{\varepsilon} t)$ with a smooth $q \in L^1(\mathbb{R})$. We
 391 denote the stable part of \widetilde{W}_0 by $\widetilde{W}_{0,s}$ and the projection on the stable part by Π_s . We find for a large ξ_0
 392 determined below that

$$\begin{aligned} 393 \quad \|\widetilde{W}_{0,s}(t)\| &= \left\| \int_{-\xi_0}^t e^{\Lambda_0(t-\tau)} \Pi_0 \left[N_{0,M}(\mathcal{W}_0 + \widetilde{W}_0, W_{h,M}) - N_{0,M}(\mathcal{W}_0, 0) \right] (\tau) d\tau \right\| \\ 394 \quad &\leq CY(t) \int_{-\infty}^t e^{-\tilde{\varepsilon}(t-\tau)} \tilde{\varepsilon}^2 q^2(\tilde{\varepsilon} \tau) d\tau + CY(t)^2 \int_{-\infty}^t e^{-\tilde{\varepsilon}(t-\tau)} d\tau \\ 395 \quad &\leq C\tilde{\varepsilon} Y(t) + C\tilde{\varepsilon}^{-1} Y(t)^2, \end{aligned}$$

where

$$Y(t) := \sup_{\tau \in [-\xi_0, t]} (\|\widetilde{W}_0(\tau)\| + \|W_{h,M}(\tau)\|).$$

397 If the solution is in the fixed space of reversibility at $t = 0$ we find

$$\begin{aligned}
 398 \quad \|W_{h,M}(t)\| &= \left\| \int_0^t e^{\Lambda_h(t-\tau)} (N_{h,M}(W_0, W_{h,M})(\tau) + H_M(W_0)(\tau)) d\tau \right\| \\
 399 \quad &\leq CY(t) \int_0^t \tilde{\varepsilon}^2 q^2(\tilde{\varepsilon}\tau) d\tau + C|t|Y(t)^2 + C \int_0^t \tilde{\varepsilon}^M q^M(\tilde{\varepsilon}\tau) d\tau \\
 400 \quad &\leq C\tilde{\varepsilon}Y(t) + C|t|Y(t)^2 + C\tilde{\varepsilon}^{M-1}.
 \end{aligned}$$

Summarizing the estimates yields

$$Y(\xi_0) \leq C\tilde{\varepsilon}Y(\xi_0) + C\tilde{\varepsilon}^{-1}Y(\xi_0)^2 + C|\xi_0|Y(\xi_0)^2 + C\tilde{\varepsilon}^{M-1}$$

402 and so $Y(\xi_0) \leq C\tilde{\varepsilon}^{M-1}$ for $\xi_0 \leq \tilde{C}\tilde{\varepsilon}^{-M+2}$ and $M \geq 3$. This completes the proof of the theorem in view of
 403 the normal form transformations. \square

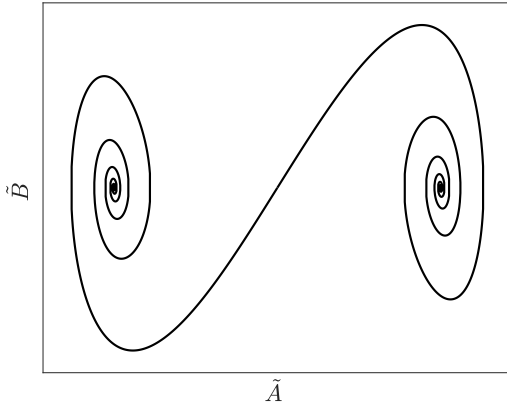
404 **6. Proof of Theorem 1.2 and Theorem 1.3.** Here we consider the case of small damping $c > 0$
 405 where reversibility no longer holds. For consistency of our analysis, we assume that $c = \tilde{c}\tilde{\varepsilon}$ with $\tilde{c} = \mathcal{O}(1) >$
 406 0 fixed. With the same analysis as for (4.3) and (5.1) we end up in $\{W_{h,M} = 0\}$ at the reduced system for
 407 the rescaled variables which is now given by

$$408 \quad \partial_\tau \tilde{A} = \tilde{B} + \mathcal{O}(\tilde{\varepsilon}), \tag{6.1a}$$

$$409 \quad \partial_\tau \tilde{B} = \tilde{A} - \frac{\tilde{c}}{\underline{m}} \tilde{B} + f_{B,3,3,-1,2} \tilde{A}^3 + \mathcal{O}(\tilde{\varepsilon}), \tag{6.1b}$$

410 where we used the expression $\gamma = \nu - \frac{c}{2m}$ for the Floquet exponents of the mapping (2.6) in Section
 411 2.1. Ignoring the terms of order $\mathcal{O}(\tilde{\varepsilon})$ we first find two fixed points $(\tilde{A}, \tilde{B})_\pm = (\pm 1/\sqrt{|f_{B,3,3,-1,2}|}, 0)$ if
 412 $f_{B,3,3,-1,2} < 0$. Since the fixed points are hyperbolic they persist as fixed points of the time- $2T$ -mapping
 413 even if the terms of order $\mathcal{O}(\tilde{\varepsilon})$ are included. This proves Theorem 1.2.

(a)



(b)

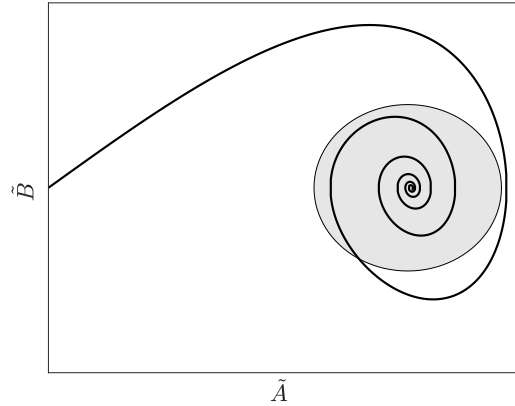


FIG. 6.1. (a) Two heteroclinic solutions for small $c > 0$ of Eq. (6.1) with $\mathcal{O}(\tilde{\varepsilon})$ terms neglected. (b) The heteroclinic solution of Eq. (6.1) in the intersection of the one-dimensional unstable manifold from the zero equilibrium point (in black) and the stable manifold from the positive fixed point (in gray).

414 Next we find two heteroclinic solutions connecting the origin with the two fixed points $(\tilde{A}, \tilde{B})_\pm$. In order
 415 to prove the persistence of these heteroclinic solutions we use that the one-dimensional unstable manifold

416 of the origin transversely intersects the two-dimensional stable manifold of the two other fixed points of
 417 the reduced system. These heteroclinic solutions are shown on Figure 6.1.

418 To prove the persistence of heteroclinic solutions if the terms $H_M(W_0) = \mathcal{O}(|W_0|^M)$ are taken into
 419 account we use that the stable manifold of the two other fixed points is $2N$ -dimensional and so the one-
 420 dimensional unstable manifold of the origin transversally intersects the $2N$ -dimensional stable manifold of
 421 the two anti-periodic solutions from Theorem 1.2. Theorem 1.3 is proven by using the transformations of
 422 Sections 3 and 4, with the decomposition $W = (W_0, W_h)$.

423 **7. Multiple-scale analysis and checking the assumption (Coeff).** For the system (1.1) with
 424 (1.2) we already checked the spectral condition (Spec) used in Theorems 1.1-1.3. Here we establish the
 425 validity of the normal form coefficient condition (Coeff).

426 We do so by formally deriving the reduced systems (5.1) and (6.1) via a multiple-scale analysis, which
 427 will yield an explicit and convenient formula for $f_{B,3,3,-1,2}$ after adjusting the notations. Truncating (6.1)
 428 with $\mathcal{O}(\tilde{\varepsilon})$ terms neglected yields the scalar equation:

$$429 \quad \partial_\tau^2 \tilde{A} + \frac{\tilde{c}}{\underline{m}} \partial_\tau \tilde{A} = \tilde{A} + f_{B,3,3,-1,2} \tilde{A}^3 \quad (7.1)$$

430 *Remark 7.1.* The scalar equation (7.1) is recovered in Eq. (7.18) below with the correspondence between
 431 ε and $\tilde{\varepsilon}$ given by (4.4). Note that the definition $A = \tilde{\varepsilon} \tilde{A}(\tilde{\varepsilon}t)$, see Eq. (4.2), is different from the definition
 432 $A(\varepsilon t)$, see Eq. (7.13) below. For Eq. (7.1), the amplitude \tilde{A} is introduced based on the Floquet theorem,
 433 the decomposition into subspaces, and the normal form transformations. For Eq. (7.18), the amplitude A
 434 is introduced directly by the perturbation expansions in powers of ε , see Eq. (7.12).

435 We define as in (2.12),

$$436 \quad k(t) = k_0(t) + \delta \varepsilon^2, \quad (7.2)$$

437 where $k_0(t)$ is the potential for the bifurcation (2.10) or (2.11), ε is a small parameter for the asymptotic
 438 expansion, and δ is a proper sign factor.

439 **7.1. Bloch modes of the unperturbed linear problem.** We start with the linear problem for
 440 $c = 0$. In order to construct the asymptotic expansion, we define the Bloch function $v(t) = e^{i\ell t} f_j(\ell, t)$
 441 for the j -th spectral band $\lambda_j(\ell)$ of $\mathcal{L}_0 v = \lambda v$, where $f_j(\ell, t + T) = f_j(\ell, t)$. The parameter ℓ is defined in
 442 the Brillouin zone $[0, \frac{2\pi}{T})$ with $\ell = 0$ and $\ell = \frac{\pi}{T}$ being at the ends of each spectral band corresponding to
 443 periodic and anti-periodic solutions respectively.

444 Let L_{per}^2 be the Hilbert space of 2π -periodic functions with the inner product $\langle \cdot, \cdot \rangle$ and the induced
 445 norm $\| \cdot \|_{L_{\text{per}}^2}$. The L_{per}^2 -normalized Bloch function $f_j(\ell, t)$ is a T -periodic solution of the spectral problem

$$446 \quad [-\underline{m}(\partial_t + i\ell)^2 - k_0(t)] f_j(\ell, t) = \lambda_j(\ell) f_j(\ell, t), \quad (7.3)$$

447 which can be differentiated in ℓ as

$$448 \quad [-\underline{m}(\partial_t + i\ell)^2 - k_0(t) - \lambda_j(\ell)] \partial_\ell f_j(\ell, t) = 2i\underline{m}(\partial_t + i\ell) f_j(\ell, t) + \lambda_j'(\ell) f_j(\ell, t) \quad (7.4)$$

450 and

$$451 \quad [-\underline{m}(\partial_t + i\ell)^2 - k_0(t) - \lambda_j(\ell)] \partial_\ell^2 f_j(\ell, t) = 4i\underline{m}(\partial_t + i\ell) \partial_\ell f_j(\ell, t) \\ 452 \quad + 2\lambda_j'(\ell) \partial_\ell f_j(\ell, t) + [\lambda_j''(\ell) - 2\underline{m}] f_j(\ell, t), \quad (7.5)$$

454 Projecting to $f(\ell, t)$ in L^2_{per} yields from (7.4) and (7.5):

$$455 \quad \lambda'_j(\ell) = -2\underline{m}\langle f_j(\ell, \cdot), i\partial_t f_j(\ell, \cdot) \rangle + 2\underline{m}\ell, \quad (7.6)$$

457 and

$$458 \quad \lambda''_j(\ell) + 2\lambda'_j(\ell)\langle f_j(\ell, \cdot), \partial_\ell f_j(\ell, \cdot) \rangle = -4\underline{m}\langle f_j(\ell, \cdot), i\partial_t \partial_\ell f_j(\ell, \cdot) \rangle \\ 459 \quad + 4\underline{m}\langle f_j(\ell, \cdot), \partial_\ell f_j(\ell, \cdot) \rangle \langle f_j(\ell, \cdot), i\partial_t f_j(\ell, \cdot) \rangle + 2\underline{m}, \quad (7.7)$$

461 where the normalization condition $\|f_j(\ell, \cdot)\|_{L^2_{\text{per}}} = 1$ has been used.

462 *Remark 7.2.* If $\ell_0 = \frac{\pi}{T}$ for the bifurcating mode and the band gap (μ_1, μ_2) has a non-zero width, then
463 necessarily, $\lambda'_j(\ell_0) = 0$. If the bifurcation (2.10) occurs at μ_1 , then $j = 1$ and $\lambda''_1(\ell_0) < 0$. See Fig. 2.1(c)
464 for an example. If the bifurcation (2.11) occurs at μ_2 , then $j = 2$ and $\lambda''_2(\ell_0) > 0$. See Fig. 8.3(a).

465 **7.2. Perturbation of the linear problem.** Let us consider asymptotic solutions of the linear equa-
466 tion

$$467 \quad (\mathcal{L}_0 - K_2\omega^2(q_{m_0}) - \delta\varepsilon^2)\widehat{u}(t) = 0, \quad (7.8)$$

which follows from (2.2) and (7.2) at $m = m_0$. As in (2.10), we take $\mu_1 = K_2\omega^2(q_{m_0})$ for which $\ell_0 = \frac{\pi}{T}$ is
selected in the first spectral band $\{\lambda_1(\ell)\}_{\ell \in [0, \frac{2\pi}{T}]}$. The set-up for the second spectral band $\{\lambda_2(\ell)\}_{\ell \in [0, \frac{2\pi}{T}]}$
when $\mu_2 = K_2\omega^2(q_{m_0})$ as in (2.11) is essentially identical (see remark 7.3). Expanding

$$\widehat{u}(t) = A(\varepsilon t)e^{i\ell_0 t} f_1(\ell_0, t) + \varepsilon B(\varepsilon t)e^{i\ell_0 t} g_1(\ell_0, t) + \varepsilon^2 e^{i\ell_0 t} C(\varepsilon t) h_1(\ell_0, t) + \mathcal{O}(\varepsilon^3),$$

468 with A, B, C and g_1, h_1 to be determined, we obtain for $\mu_1 = K_2\omega^2(q_{m_0})$ at the order of $\mathcal{O}(\varepsilon)$ that

$$469 \quad B[-\underline{m}(\partial_t + i\ell_0)^2 - k_0(t) - \mu_1] g_1(\ell_0, t) = 2mA'(\partial_t + i\ell_0) f_1(\ell_0, t),$$

Since $\lambda_1(\ell_0) = \mu_1$ and $\lambda'_1(\ell_0) = 0$, comparing with (7.4) yields

$$g_1(t) = \partial_\ell f_1(\ell_0, t) \quad \text{and} \quad B(\varepsilon t) = -iA'(\varepsilon t).$$

471 At the order of $\mathcal{O}(\varepsilon^2)$, we obtain the linear inhomogeneous equation,

$$472 \quad C[-\underline{m}(\partial_t + i\ell_0)^2 - k_0(t) - \mu_1] h_1(t) = -2\underline{m}iA''(\partial_t + i\ell_0)\partial_\ell f_1(\ell_0, t) \\ 473 \quad + \underline{m}A'' f_1(\ell_0, t) + \delta A f_1(\ell_0, t). \quad (7.9)$$

475 Comparing (7.9) with (7.5) yields $h_1(t) = \partial_\ell^2 f_1(\ell_0, t)$ and $C(\varepsilon t) = -\frac{1}{2}A''(\varepsilon t)$ if and only if $A(\tau)$, $\tau := \varepsilon t$
476 satisfies the amplitude equation

$$477 \quad \frac{1}{2}\lambda''_1(\ell_0)A''(\tau) + \delta A(\tau) = 0. \quad (7.10)$$

478 Alternatively, the amplitude equation (7.10) can be obtained by projecting the linear inhomogeneous
479 equation (7.9) to $f_1(\ell_0, t)$ in L^2_{per} and using equations (7.6) and (7.7) with $\lambda'_1(\ell_0) = 0$.

480 Since δ and $\lambda''_1(\ell_0)$ have opposite signs, $A(\tau)$ of Eq. (7.10) will experience exponential growth with rate

$$481 \quad \varepsilon \frac{\sqrt{2}}{\sqrt{|\lambda''_1(\ell_0)|}}, \quad (7.11)$$

482 which is the leading order for Eq. (4.4). This is an approximation of the real part of the Floquet exponent
483 associated to the m_0 -th mode of the linear problem with $k(t) = k_0(t) + \delta\varepsilon^2$, see Eq. (2.13) and Fig. 8.1(c)
484 for example.

485 *Remark 7.3.* If $\lambda''_1(\ell_0) < 0$ for the bifurcating mode (2.10), then $\delta = +1$ is selected from the condition
486 that $\mu_1 = K_2\omega^2(q_{m_0})$ is inside the band gap of the perturbed operator $\mathcal{L} = \mathcal{L}_0 - \delta\varepsilon^2$. On the other hand, if
487 $\lambda''_2(\ell_0) > 0$ for the bifurcating mode (2.11), then $\delta = -1$ is selected from the condition that $\mu_2 = K_2\omega^2(q_{m_0})$
488 is inside the band gap of \mathcal{L} .

489 **7.3. Perturbation of the nonlinear problem.** Let us now consider asymptotic solutions of the
 490 nonlinear equation (1.1) with (7.2) and $c = \varepsilon\tilde{c}$, where $\tilde{c} \geq 0$ is fixed and $\delta = -\text{sign}(\lambda_1''(\ell_0))$. As in (2.10), we
 491 take $\mu_1 = K_2\omega^2(q_{m_0})$, for which $\ell_0 = \frac{\pi}{T}$ is selected in the first spectral band $\{\lambda_1(\ell)\}_{\ell \in [0, \frac{2\pi}{T}]}$. To simplify
 492 computations, we will use expansions in terms of real-valued functions only. Expanding

$$493 \quad u_n(t) = \varepsilon U_n^{(1)}(t) + \varepsilon^2 U_n^{(2)}(t) + \varepsilon^3 U_n^{(3)}(t) + \mathcal{O}(\varepsilon^4), \quad (7.12)$$

494 we select the leading order in the form

$$495 \quad U_n^{(1)}(t) = A(\varepsilon t)g_1(t) \sin(q_{m_0}n), \quad (7.13)$$

496 where the amplitude $A(\varepsilon t)$ is real according to (7.1) and the eigenfunction

$$497 \quad g_1(t) := [e^{i\ell_0 t} f_1(\ell_0, t) + e^{-i\ell_0 t} \bar{f}_1(\ell_0, t)] \quad (7.14)$$

498 is a real-valued, T -anti-periodic solution of $\mathcal{L}_0 g_1 = \mu_1 g_1$ satisfying $g_1(t+T) = -g_1(t)$. At the order of
 499 $\mathcal{O}(\varepsilon^2)$ we obtain

$$500 \quad \mathcal{L}_0 U_n^{(2)} + K_2(U_{n+1}^{(2)} - 2U_n^{(2)} + U_{n-1}^{(2)}) = H_n^{(2)},$$

502 with

$$503 \quad H_n^{(2)} = 2\underline{m}\partial_\tau \partial_t U_n^{(1)} + \tilde{c}\partial_t U_n^{(1)} + K_3 \left[(U_{n+1}^{(1)} - U_n^{(1)})^2 - (U_n^{(1)} - U_{n-1}^{(1)})^2 \right],$$

505 where $\tau = \varepsilon t$ and K_3 is the coefficient of the quadratic term in (1.1). In the explicit form, we obtain

$$506 \quad H_n^{(2)} = [2\underline{m}A'(\tau) + \tilde{c}A(\tau)]g_1'(t) \sin(q_{m_0}n) + K_3 A(\tau)^2 g_1(t)^2 F_n^{(2)},$$

508 with

$$509 \quad F_n^{(2)} = [\sin(q_{m_0}(n+1)) - \sin(q_{m_0}n)]^2 - [\sin(q_{m_0}n) - \sin(q_{m_0}(n-1))]^2 \\ 510 \quad = -2\sin(q_{m_0})(1 - \cos(q_{m_0})) \sin(2q_{m_0}n).$$

512 The solution for $U_n^{(2)}(t)$ can be written in the form

$$513 \quad U_n^{(2)}(t) = \left[A'(\tau) + \frac{\tilde{c}}{2\underline{m}} \right] h_1(t) \sin(q_{m_0}n) + K_3 A(\tau)^2 h_2(t) \sin(2q_{m_0}n),$$

515 where h_1 and h_2 are solutions of the linear inhomogeneous equations:

$$516 \quad (\mathcal{L}_0 - K_2\omega^2(q_{m_0}))h_1 = 2\underline{m}g_1'(t), \quad (7.15)$$

$$517 \quad (\mathcal{L}_0 - K_2\omega^2(2q_{m_0}))h_2 = -2\sin(q_{m_0})(1 - \cos(q_{m_0}))g_1(t)^2. \quad (7.16)$$

It follows from the linear theory that the real, T -anti-periodic solution for $h_1(t)$ exists in the form:

$$h_1(t) = -ie^{i\ell_0 t} \partial_\ell f_1(\ell_0, t) + ie^{-i\ell_0 t} \partial_\ell \bar{f}_1(\ell_0, t).$$

519 There exists a unique T -periodic solutions for $h_2(t)$ if and only if the non-resonance condition is met:

$$520 \quad K_2\omega^2(2q_{m_0}) \notin \cup_{j=1}^{\infty} \lambda_j(0). \quad (7.17)$$

521 This non-resonance condition is satisfied if the spectral assumption (**Spec**) is satisfied.

522 At the order of $\mathcal{O}(\varepsilon^3)$, we obtain

$$523 \quad \mathcal{L}_0 U_n^{(3)} + K_2(U_{n+1}^{(3)} - 2U_n^{(3)} + U_{n-1}^{(3)}) = H_n^{(3)},$$

525 with

$$\begin{aligned}
526 \quad H_n^{(3)} &= \delta U_n^{(1)} + 2m\partial_\tau \partial_t U_n^{(2)} + m\partial_\tau^2 U_n^{(1)} + \tilde{c}\partial_t U_n^{(2)} + \tilde{c}\partial_\tau U_n^{(1)} \\
527 \quad &+ 2K_3 \left[(U_{n+1}^{(1)} - U_n^{(1)})(U_{n+1}^{(2)} - U_n^{(2)}) - (U_n^{(1)} - U_{n-1}^{(1)})(U_n^{(2)} - U_{n-1}^{(2)}) \right] \\
528 \quad &- K_4 \left[(U_{n+1}^{(1)} - U_n^{(1)})^3 - (U_n^{(1)} - U_{n-1}^{(1)})^3 \right], \\
529
\end{aligned}$$

530 where K_4 is the coefficient of the cubic term in (1.1).

531 By using Euler's formulas, we obtain

$$\begin{aligned}
532 \quad &[\sin(q_{m_0}(n+1)) - \sin(q_{m_0}n)]^3 - [\sin(q_{m_0}n) - \sin(q_{m_0}(n-1))]^3 \\
533 \quad &= -3(1 - \cos(q_{m_0}))^2 \sin(q_{m_0}n) \\
534 \quad &+ \frac{1}{2} [1 - 3\cos(q_{m_0}) + 3\cos(2q_{m_0}) - \cos(3q_{m_0})] \sin(3q_{m_0}n) \\
535
\end{aligned}$$

536 and

$$\begin{aligned}
537 \quad &[\sin(q_{m_0}(n+1)) - \sin(q_{m_0}n)] [\sin(2q_{m_0}(n+1)) - \sin(2q_{m_0}n)] \\
538 \quad &- [\sin(q_{m_0}n) - \sin(q_{m_0}(n-1))] [\sin(2q_{m_0}n) - \sin(2q_{m_0}(n-1))] \\
539 \quad &= -[2\sin(q_{m_0}) - \sin(2q_{m_0})] \sin(q_{m_0}n) \\
540 \quad &- [\sin(q_{m_0}) + \sin(2q_{m_0}) - \sin(3q_{m_0})] \sin(3q_{m_0}n)
\end{aligned}$$

542 Hence, we obtain

$$543 \quad H_n^{(3)} = D_1(t) \sin(q_{m_0}n) + D_2(t) \sin(2q_{m_0}n) + D_3(t) \sin(3q_{m_0}n),$$

545 where we are only interested to write explicitly the coefficient for the bifurcating mode:

$$\begin{aligned}
546 \quad D_1(t) &= \delta A(\tau)g_1(t) + mA''(\tau)g_1(t) + 2mA''(\tau)h_1'(t) \\
547 \quad &+ \tilde{c}[A'(\tau)g_1(t) + 2A'(\tau)h_1'(t)] + \frac{\tilde{c}^2}{2m}A(\tau)h_1'(t) \\
548 \quad &+ 3K_4(1 - \cos(q_{m_0}))^2 A(\tau)^3 g_1(t)^3 - 2K_3^2 [2\sin(q_{m_0}) - \sin(2q_{m_0})] A(\tau)^3 g_1(t)h_2(t).
\end{aligned}$$

550 Projecting $D_1(t)$ to $g_1(t)$ gives the amplitude equation for $A(\tau)$:

$$551 \quad \frac{1}{2}\lambda_1''(\ell_0) \left[A''(\tau) + \frac{\tilde{c}}{m}A'(\tau) + \frac{\tilde{c}^2}{4m^2}A(\tau) \right] + \left[\delta - \frac{\tilde{c}^2}{4m} \right] A(\tau) + \chi A(\tau)^3 = 0, \quad (7.18)$$

552 where

$$553 \quad \lambda_1''(\ell_0) = 2m + 4m \frac{\langle g_1, h_1' \rangle}{\|g_1\|^2} \quad (7.19)$$

554 and

$$555 \quad \chi = 3K_4(1 - \cos(q_{m_0}))^2 \frac{\langle g_1^2, g_1^2 \rangle}{\|g_1\|^2} - 2K_3^2 [2\sin(q_{m_0}) - \sin(2q_{m_0})] \frac{\langle g_1^2, h_2 \rangle}{\|g_1\|^2}. \quad (7.20)$$

557 Since the linear part of (7.18) should be identical to the linear amplitude equation (7.10), the new formula
558 for $\lambda_1''(\ell_0)$ must be identical to the previous equation (7.7) with $\lambda_1'(\ell_0) = 0$. The expression for χ is defined
559 in terms of real quantities only.

560 *Remark 7.4.* Equation (7.18) for $\tilde{c} = 0$ is analogous to the stationary NLS equation that can be derived
 561 in the context of spatially periodic media for the description of breathers [21]. A similar equation was
 562 derived in [34] for a (space-time continuous) photonic time crystal. Eq. (7.18) is equivalent to (7.1) with
 563 the correspondence (4.4) and the appropriate definitions of amplitudes A and \tilde{A} . The coefficient $f_{B,3,3,-1,2}$
 564 is constant proportional to $\chi/\lambda_1''(\ell_0)$.

565 *Remark 7.5.* The coefficient in front of the second derivative in the amplitude equation (7.18) comes
 566 from an expansion of the imaginary parts of the spectral curves at the spectral gaps, see Fig. 2.1(c). The
 567 coefficient in front of the second derivative changes sign at every spectral boundary. Since the coefficient in
 568 front of the cubic coefficient in (7.18) does not change sign, the homoclinic and heteroclinic solutions exist
 569 as bifurcating solutions at every spectral gap associated with the anti-periodic eigenfunctions. In other
 570 words, if $\chi < 0$, then we pick the bifurcating mode at (2.10) with $\lambda_1''(\ell_0) < 0$ and $\delta = +1$. If $\chi > 0$, then
 571 we pick the bifurcating mode at (2.11) with $\lambda_2''(\ell_0) > 0$ and $\delta = -1$.

572 **8. Comparison with numerical simulations.** We now conduct a number of numerical simulations
 573 to illustrate the main results of the paper. We start with the simplest case, and work up in complexity.

574 Equation (7.18) with $\tilde{c} = 0$ and $\delta = -\text{sign}(\lambda_1''(\ell_0)) = -\text{sign}(\chi)$ has the following homoclinic solution

$$575 \quad A(\tau) = \sqrt{\frac{2}{|\chi|}} \operatorname{sech} \left(\sqrt{\frac{2}{|\lambda_1''(\ell_0)|}} \tau \right) \quad (8.1)$$

576 See Fig. 5.1(a) for an example plot of this solution in the (A, A') phase plane. Returning to ansatz
 577 Eq. (7.12), we have the following leading order approximation in terms of the original lattice variables,

$$578 \quad u_n(t) = \varepsilon \sqrt{\frac{2}{|\chi|}} \operatorname{sech} \left(\sqrt{\frac{2}{|\lambda_1''(\ell_0)|}} \varepsilon t \right) g_1(t) \sin(q_{m_0} n). \quad (8.2)$$

579 To make practical use of this approximation, the first step is to identify the bifurcation value k_0 (namely
 580 the critical modulation amplitude values k_a^0 and k_b^0) and critical mode number m_0 such that $\text{trace}(J) = -2$
 581 where J is the monodromy matrix defined in Eq. (2.7). This corresponds to the bifurcation scenario shown
 582 in Fig. 2.1. In this case, the Floquet exponent corresponding to m_0 will be purely imaginary and will
 583 be of the form $i\ell_0 = \frac{i\pi}{T}$. The corresponding Bloch mode $e^{i\ell_0 t} f_1(\ell_0, t)$ is obtained by solving Eq. (7.3).
 584 This can be done explicitly, see Sec. 2.1 or the appendix of [7] for details. Next, we compute $\lambda_1''(\ell_0)$ using
 585 Eq. (7.7) with $j = 1$ which depends only on f_1 and its derivatives, which can also be computed explicitly.
 586 Equivalently, one can determine $\lambda_1''(\ell_0)$ using Eq. (7.19).

587 **8.1. Examples with $c = 0$ and $K_3 = 0$.** The nonlinear coefficient χ can be computed from g_1 if
 588 $K_3 = 0$, i.e., if there is no quadratic nonlinearity (the case of $K_3 \neq 0$ is discussed below). To compute χ in
 589 this case, we substitute $g_1(t) = 2\text{Re}(e^{i\ell_0 t} f_1(\ell_0, t))$ into Eq. (7.20) and evaluate.

590 As our first example, we chose parameters that correspond to the spectral picture in Fig. 2.1 and $K_3 = 0$
 591 and $K_4 = -0.8$. In this case the critical mode $m_0 = 3$ lies at the top of the first spectral band, namely
 592 $(\ell, \lambda) = (\pi/T, \mu_1)$. This demonstrates that the spectral condition (**Spec**) is satisfied and we choose $\delta = +1$.
 593 It can be seen from Fig. 2.1(c), or via direct calculation, that $\lambda''(\ell_0) < 0$. By choosing $K_4 < 0$, we have
 594 that $\chi < 0$, and thus (**Coeff**) is satisfied.

To generate the generalized q -gap breather, we keep all parameters fixed, but select $\varepsilon = 0.1$ and
 $k_a = k_a^0 + \varepsilon^2 = 0.06$, $k_b = k_b^0 + \varepsilon^2 = 0.8$. With these parameter values, the $m_0 = 3$ mode lies in the spectral
 gap. The corresponding Floquet multipliers and exponents and are shown in Fig. 1.1(a,b). We initialize

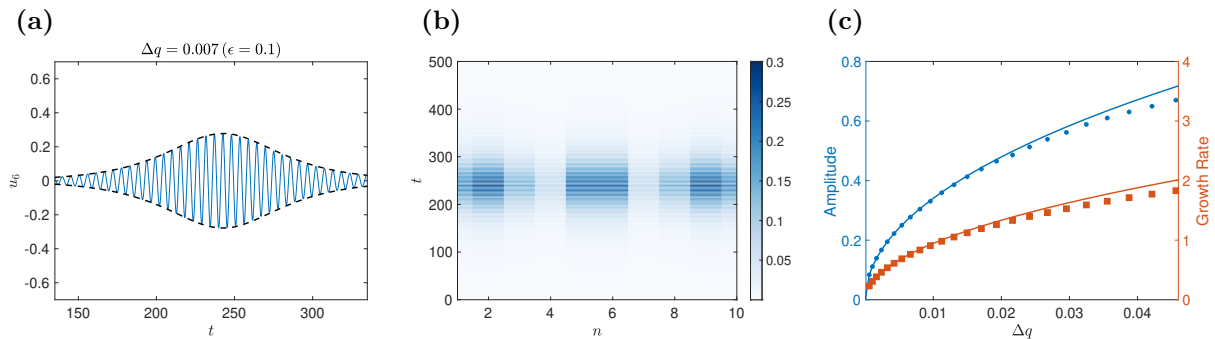


FIG. 8.1. A generalized q -gap breather bifurcating from μ_1 . The parameter values are $c = 0$, $T = 1/0.37$, $K_3 = 0$, $K_4 = -0.8$ and $K_2 = \underline{m} = 1$. The critical modulation amplitude parameters are $k_a^0 = 0.5$ and $k_b^0 = 0.79$. The critical mode number is $m_0 = 3$, which lies at the top of the first spectral band, namely $\lambda(q_3) = \mu_1$, (see Fig. 2.1(a)). (a) Numerical simulation with initial value $u_n(0) = 10^{-4} \sin(q_3 n)$ and $\varepsilon = 0.1$. The displacement of the 6th particle is shown as a function of time. The modulation amplitude is $k_a = k_a^0 + \varepsilon^2 = 0.06$, $k_b = k_b^0 + \varepsilon^2 = 0.8$. The dashed line shows an approximation of the envelope given by Eq. (8.2) with $\chi = -0.6530$, $\lambda''(\ell_0) = -21.0222$ and $\varepsilon = 0.1$. For this value of ε , the distance of the wavenumber to the edge of the gap is $\Delta q = q_3 - q_\ell = 0.007$. (b) Intensity plot of the solution shown in panel (a). Color intensity corresponds to $|u_n|$. (c) Plot of the amplitude of the breather ($\max_t u_6(t)$) for the numerical simulation (blue dots) and prediction based on Eq. (8.2) (blue line) as a function of Δq . The real part of the Floquet exponent corresponding to q_3 (solid red squares) and asymptotic approximation (7.11) (red line) are also shown, which indicate the growth (decay) rate of the breather.

the numerical simulation with

$$u_n(0) = 10^{-4} \sin(q_3 n) \quad \text{and} \quad \dot{u}_n = 0.$$

595 For initial data with such small amplitude, the dynamics will initially be nearly linear, and hence the
 596 solution will grow exponentially with rate given by $\text{Re}(\gamma)$, which is the real part the Floquet exponent
 597 associated to mode $m = 3$ (see the larger black dot in Fig. 1.1(a)). According to Eq. (7.10), an approx-
 598 imation of this growth rate is given by (7.11) with $\varepsilon = 0.1$. As the amplitude increases in the dynamic
 599 evolution, the affect of the nonlinearity comes into play, which will cause the solution to experience decay,
 600 such that the resulting waveform is localized in time. The time series of the $u_6(t)$ node is shown in
 601 Fig. 8.1(a). The temporal localization occurs uniformly throughout the lattice, as seen in the intensity
 602 plot of Fig. 8.1(b). By construction, the wavenumber q_3 lies in a wavenumber bandgap. Thus, the solution
 603 shown in Fig. 8.1(a,b) is a generalized q -gap breather. The analytical prediction based on Eq. (8.2) is
 604 shown as the dashed-line in panel (a). For the sake of clarity, only the envelope of the approximation is
 605 shown, which is simply a plot of the local maximums (and minimums) of Eq. (8.2).

606 For $\varepsilon = 0.1$, the distance of the wavenumber to the edge of the gap is $\Delta q = q_\ell - q_3 = 0.007$, where
 607 q_ℓ is the wavenumber at the (left) edge of the gap. Recall from Eq. (2.14) that $\Delta q = \mathcal{O}(\varepsilon^2)$. Since the
 608 amplitude of the breather is $\mathcal{O}(\varepsilon)$, see Eq. (8.2), the amplitude grows like $\mathcal{O}(\sqrt{\Delta q})$. This observation
 609 was made numerically and experimentally in [7], which we have now proved. This amplitude trend is
 610 consistent with the trend found for discrete breathers in space-periodic systems where it is well known that
 611 the breather amplitude grows like $\mathcal{O}(\sqrt{\Delta \omega})$, where $\Delta \omega$ is the difference between the breather frequency
 612 and the edge of the frequency spectrum [12]. Using (2.14) and Eq. (8.2) allows us to obtain an analytical
 613 prediction of the breather amplitude dependence of the distance to the band edge, see Fig. 8.1(c). For small
 614 values of Δq (and hence ε) the agreement is very good. The growth parameter gives an indication of how
 615 wide or narrow the breather will be, with larger growth parameters corresponding to narrower solutions.
 616 The prediction from the linear theory is given by the real part of the Floquet exponent corresponding to
 617 mode m_0 , and the approximation from the perturbation analysis is (7.11). A comparison of these two
 618 quantities are shown as the red markers and lines, respectively of Fig. 8.1(c). The trends in Fig. 8.1(c)

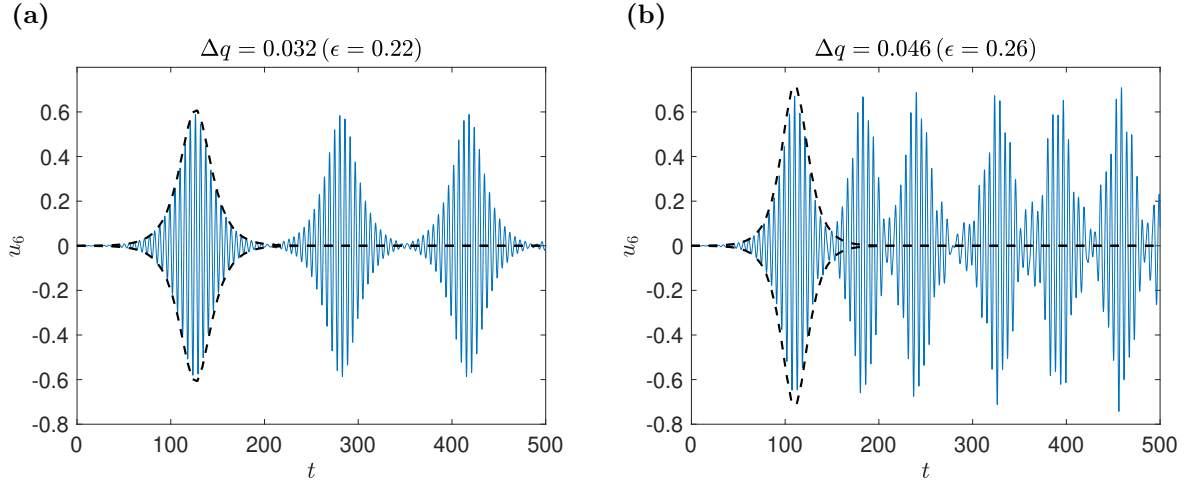


FIG. 8.2. Numerical simulation with all parameters as in Fig. 8.1 but larger values of ε . (a) With $\Delta q = 0.032$ ($\varepsilon = 0.22$) a temporally localized structure is initially observed, but over a longer time interval a recurrence of breathing patterns emerges. The dashed line shows an approximation of the envelope given by Eq. (8.2). (b) With $\Delta q = 0.046$ ($\varepsilon = 0.26$) the second breather like structure emerges before the temporal localization of the first pulse can be achieved. The envelope approximation given by Eq. (8.2) is still quite good until the breakdown of the temporal localization.

619 demonstrate that the q -gap breathers becomes larger in amplitude and more narrow as the wavenumber
 620 goes deeper into the gap.

621 In Fig. 8.1(c) the q -gap breathers are generated up until $\Delta q = 0.042$ (which corresponds to $\varepsilon = 0.25$).
 622 For $\Delta q = 0$, the width of the wavenumber bandgap is $q_r - q_\ell \approx 0.28$ (where q_r, q_ℓ are the right and left edges
 623 of the bandgap, respectively). Thus, the branch of solutions shown Fig. 8.1(c) extends to roughly 15% of the
 624 width of the bandgap. For $\Delta q > 0.042$ we did not observe a coherent temporal localization. Indeed, for all
 625 the breathers observed numerically, the localization is obtained for a finite interval of time. For longer time
 626 simulations the amplitude of the breather can grow again (leading to a repeated appearance of breathers),
 627 see Fig. 8.2(a). Similar observations have been made for k -gap solitons in photonic systems [34]. While
 628 Theorem 1.1 guarantees that a temporally localized structures exists over a finite temporal interval, there
 629 is no statement about the dynamics beyond this interval. The numerical simulations suggest the tail of the
 630 breather can experience repeated growth. We observed as Δq becomes larger, the time between consecutive
 631 peaks of the pulses becomes smaller. In other words, the emergence of the “second” breather occurs faster
 632 as Δq becomes larger. Thus, for sufficiently large Δq the structure is not temporally localized since the
 633 second breather emerges “too soon”, see Fig. 8.2(b). This is the reason why we only show $\Delta q \leq 0.042$ in
 634 Fig. 8.1(c).

635 Next, we consider an example where the breathers bifurcate from μ_2 . The spectral bands corresponding
 636 to $c = 0$, $T = 1/0.37$, $K_2 = \underline{m} = 1$, $k_a^0 = 0.5$ and $k_b^0 = 0.7487$ are shown in Fig. 8.3(a). For these parameter
 637 values the mode $m_0 = 4$ lies at the bottom of the second spectral band, namely $\lambda(q_4) = \mu_2$. Notice that
 638 the concavity of the second spectral band is opposite of the first band, namely $\lambda_2''(\ell_0) > 0$. Thus, in order
 639 to satisfy the **(Coeff)** condition, we require $\chi > 0$. If $K_3 = 0$ this implies that $K_4 > 0$ and the sign
 640 parameter is now $\delta = -1$. Thus, for the next numerical simulations, we fix $K_3 = 0$ and $K_4 = 0.8$. The
 641 approximation given in Eq. (8.2) is identical in this case, but we replace $\lambda_1''(\ell)$ with $\lambda_2''(\ell)$, and likewise for
 642 the underlying Bloch modes (where f_1 should be replaced by f_2 , etc.).

643 Figure 8.3(b) shows an example of the generalized q -gap breather with $\varepsilon = 0.1$, with corresponding
 644 envelope prediction given by Eq. (8.2). Qualitatively, the results are similar to the example shown in

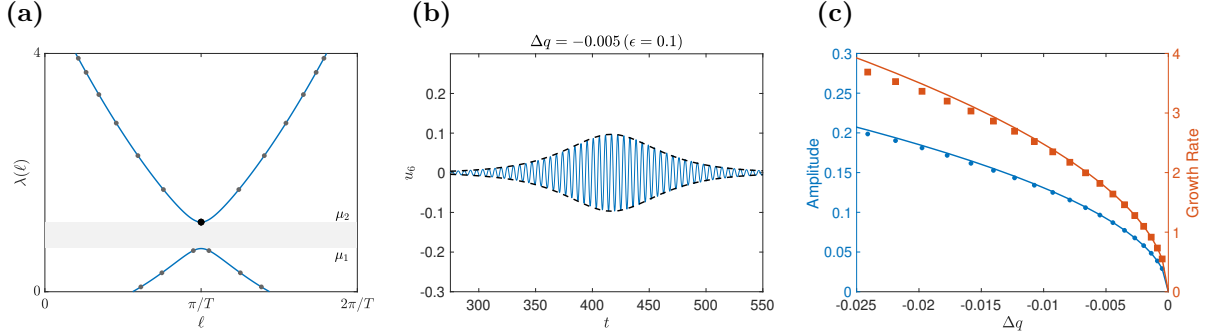


FIG. 8.3. (a) Spectral bands (blue curves) of the Schrödinger operator as a function of ℓ , the imaginary part of the Floquet exponent. The gray dots show the corresponding values in the finite lattice with $N = 10$. The parameter values are $c = 0$, $T = 1/0.37$ and $K_2 = \underline{m} = 1$. The critical modulation amplitude parameters are $k_a^0 = 0.5$ and $k_b^0 = 0.7487$. The critical mode number is $m_0 = 4$, which lies at the bottom of the second spectral band, namely $\lambda(\ell(q_4)) = \mu_2$ (see larger black marker). The eigenvalues μ_1 and μ_2 define the edges of the band gap, shown as the gray shaded region. (b) Example q -gap breather bifurcating from μ_2 with nonlinear coefficients $K_3 = 0$ and $K_4 = 0.8$. The initial value is $u_n(0) = 10^{-4} \sin(q_4 n)$ and $\varepsilon = 0.1$. The displacement of the 6th particle is shown as a function of time. The modulation amplitude is $k_a = k_a^0 + \varepsilon^2 = 0.06$, $k_b = k_b^0 + \varepsilon^2 = 0.7587$. The dashed line shows an approximation of the envelope given by Eq. (8.2) with $\chi = 1.7707$, $\lambda''(\ell_0) = 26.3821$ and $\varepsilon = 0.1$. For this value of ε , the distance of the wavenumber to the edge of the gap is $\Delta q = q_4 - q_r = -0.005$. (c) Plot of the amplitude of the breather ($\max_t u_6(t)$) for the numerical simulation (blue dots) and prediction based on Eq. (8.2) (blue line) as a function of Δq . The real part of the Floquet exponent corresponding to q_4 (solid red squares) and asymptotic approximation $\varepsilon \sqrt{\delta \lambda''(\ell_0)}/2$ (red line) are also shown, which indicate the growth (decay) rate of the q -gap breather.

645 Fig. 8.1(a). Figure 8.3(c) shows the dependence of the breather amplitude and growth rate on the parameter
 646 $\Delta q = q_r - q_{m_0}$. Note, since the breather is bifurcating from the right edge of the wavenumber bandgap,
 647 the quantity Δq will be negative. The breather amplitude grows like $\mathcal{O}(\sqrt{|\Delta q|})$.

648 **8.2. Examples with $c = 0$ and $K_3 \neq 0$.** Here we will consider $K_3 \neq 0$. In particular, we will chose
 649 values of the nonlinear coefficients in (1.4) that correspond to the modulated magnetic lattice described in
 650 Sec. 1.1 so that the results obtained here are directly relevant for the experimental set-up described in [7].
 651 In the re-scaled variables the interaction coefficients are $K_2 = K_3 = 1$ and $K_4 = 0.8$. Since $K_3 \neq 0$ the
 652 sign of χ must be computed directly to see if the relevant eigenvalue to bifurcate from is μ_1 or μ_2 . χ will
 653 depend on the function $h_2(t)$, which we can obtain by solving Eq. (7.16). It will be convenient to estimate
 654 $h_2(t)$ numerically under the constraint that $h_2(t)$ is T periodic, which we achieve using a shooting method.
 655 In particular, we apply Newton iterations on the map $F(h^0) = h_2(0; h^0) - h_2(T; h^0)$ where $h_2(t; h^0)$ is the
 656 solution of Eq. (7.16) with initial condition $h^0 = (h_2(0), \dot{h}_2(0))^T$. The Jacobian of the map F is simply
 657 $I - V(T)$, where I is the 2×2 identity matrix and $V(T)$ is the solution to the variational equation $\dot{V} = \frac{df}{dh} V$
 658 with initial value $V(0) = I$ where $\frac{df}{dh}$ is the Jacobian corresponding to Eq. (7.16) [20].

659 In this example, we consider the spectral situation as shown in Fig. 8.3(a), such that $m_0 = 4$ is the
 660 critical mode bifurcating from μ_2 . In this case, $\lambda''(\ell_0) > 0$, so we chose $\delta = -1$ and we must have $\chi > 0$
 661 to satisfy (Coeff). Upon computing $h_2(t)$ with the shooting method and substituting into Eq. (7.20) with
 662 $K_3 = 1$ and $K_4 = 0.8$ we find $\chi = 1.997 > 0$, as desired.

663 Figure 8.4(a) shows a numerical simulation of the lattice with initial displacement $u_n(0) = 10^{-4} \sin(q_4 n)$
 664 and $\varepsilon = 0.1$, and panel (b) shows a simulation with $\varepsilon = 0.22$. By comparing panels (a) and (b), we see once
 665 again that the q -gap breather becomes more narrow and larger in amplitude as Δq (and thus ε) increases in
 666 magnitude. What is also apparent, especially in panel (b), is that the numerical simulation is asymmetric,
 667 namely, the maximum is not simply the minimum reflected about the $u = 0$ line. Evidently, the asymmetric

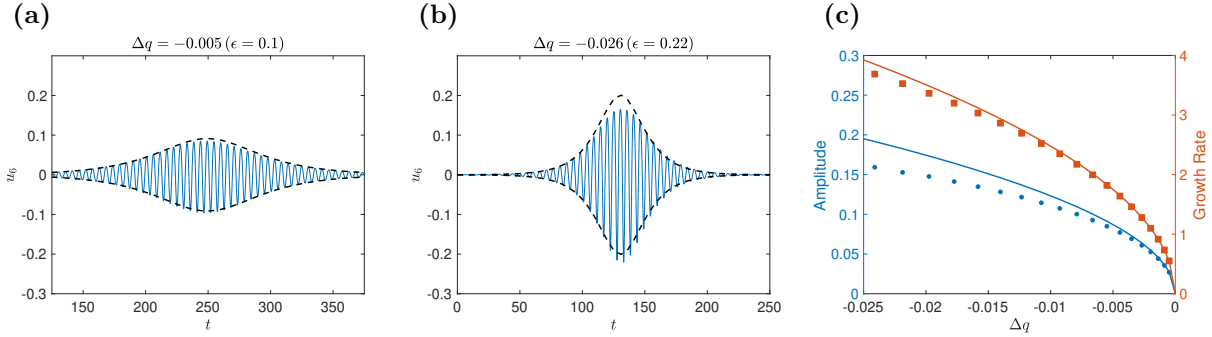


FIG. 8.4. (a) A generalized q -gap breather bifurcating from μ_2 with nonlinear coefficients corresponding to a magnetic lattice, namely $K_3 = 1$ and $K_4 = 0.8$. The other parameter values and spectral picture is identical to Fig. 8.3(a). The initial value is $u_n(0) = 10^{-4} \sin(q_4 n)$ and $\epsilon = 0.1$. The displacement of the 6th particle is shown as a function of time. The modulation amplitude is $k_a = k_a^0 + \epsilon^2 = 0.06$, $k_b = k_b^0 + \epsilon^2 = 0.7587$. The dashed line shows an approximation of the envelope given by Eq. (8.2) with $\chi = 1.997$, $\lambda''(\ell_0) = 26.3821$ and $\epsilon = 0.1$. For this value of ϵ , the distance of the wavenumber to the edge of the gap is $\Delta q = q_4 - q_r = -0.005$. (b) Same as panel (a) with $\epsilon = 0.22$. (c) Plot of the amplitude of the breather ($\max_t u_6(t)$) for the numerical simulation (blue dots) and prediction based on Eq. (8.2) (blue line) as a function of Δq . The real part of the Floquet exponent corresponding to q_4 (solid red squares) and asymptotic approximation (7.11) (red line) are also shown, which indicate the growth (decay) rate of the breather.

668 nature of the FPUT potential with $K_3 \neq 0$ is manifested through a lack of reflection symmetry in the q -
 669 gap breather profile. Asymmetric breathing profiles are well known in space-periodic FPUT systems with
 670 quadratic nonlinearities [21]. The approximation given by Eq. (8.2) remains symmetric, however, and
 671 thus one would expect the approximation not to do as well as in the $K_3 = 0$ case. Indeed, inspection of
 672 Fig. 8.3(c) confirms this, where the difference in amplitude between simulation and theory is larger than
 673 in the $K_3 = 0$ case (see e.g., Fig. 8.3(c)). Nonetheless, the asymptotic behavior as $\Delta q \rightarrow 0$ is correct, and
 674 in particular the breather amplitude grows like $\mathcal{O}(\sqrt{|\Delta q|})$.

675 **8.3. Examples with $c \neq 0$ and $K_3 \neq 0$.** In our final example, we include the effect of damping
 676 and select $\tilde{c} = 0.1$. By definition, $c = \epsilon \tilde{c}$, so the critical parameter set (when $\epsilon = 0$) will have $c = 0$, like
 677 before. Thus, we consider once again the parameter set that corresponds to Fig. 8.4(a). However, the
 678 numerical solutions and asymptotic approximations will have non-zero damping affect for $\epsilon > 0$. Since the
 679 bifurcation scenario is the same as in Fig. 8.4(a) the initial condition for simulations will be of the same
 680 form, namely $u_n(0) = 10^{-4} \sin(q_4 n)$. An example lattice simulation with $\epsilon = 0.1$ is shown in Fig. 8.5(a)
 681 where the underlying damping constant is $c = \epsilon \tilde{c} = 0.01$. The solution experiences an initial growth, with
 682 growth rate given by the real part of the $m_0 = 4$ Floquet exponent, but rather than decaying to a near zero
 683 amplitude, like in all the previous examples with $c = 0$, the solution approaches steady periodic motion
 684 with period $2T$. A longer time evolution of the same solution is shown in Fig. 8.6. In particular, panel (b)
 685 shows the dynamics are essentially periodic for t sufficiently larger.

686 In terms of the Poincaré map $F_j = U(2Tj)$, the trivial solution $U(t) = 0$ is clearly a fixed point.
 687 The $2T$ -periodic solution that is approached in the dynamic simulation is another fixed point. Thus, the
 688 solution shown in Fig. 8.5(a) is a transition front, since it connects two different fixed points.

689 Another example of the transition front for a larger value of ϵ is shown in Fig. 8.5(b). Despite the fact
 690 that the structure is not temporally localized, the initial dynamics still resemble the “left” side of the q -gap
 691 breather. Indeed, the homoclinic approximation from Eq. (8.2) is quite close to the initial front dynamics
 692 (see the solid gray line of Fig. 8.5(a)). For this reason, it is still reasonable to measure the amplitude
 693 of the front in the same way we measured the amplitude for the q -gap breathers. A plot of the front
 694 amplitude and real part of the $m_0 = 4$ Floquet exponent is shown in 8.5(c). The amplitude trend is similar

695 to the non-damped case, but the magnitude of the amplitude is smaller, as expected (compare panel (c)
696 of Figs. 8.4 and 8.5).

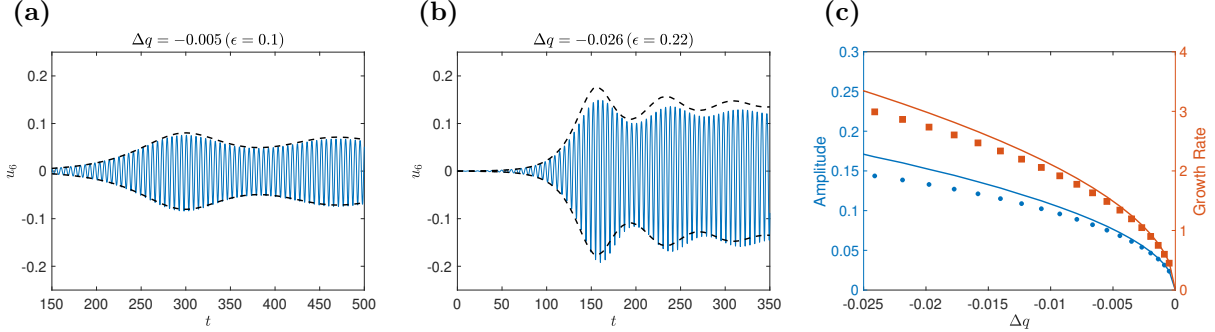


FIG. 8.5. (a) A transition front bifurcating from μ_2 with nonlinear coefficients corresponding to a damped magnetic lattice, namely $K_3 = 1$, $K_4 = 0.8$ and $\tilde{c} = 0.1$. The other parameter values and spectral picture is identical to Fig. 8.3(a). The initial value is $u_n(0) = 10^{-4} \sin(q_4 n)$ and $\epsilon = 0.1$. The displacement of the 6th particle is shown as a function of time. The modulation amplitude is $k_a = k_a^0 + \epsilon^2 = 0.06$, $k_b = k_b^0 + \epsilon^2 = 0.7587$ and the damping constant is $c = \epsilon \tilde{c} = 0.01$. The dashed line shows an approximation of the envelope given by Eq. (7.12) with $\chi = 1.997$, $\lambda''(\ell_0) = 26.3821$ and $\epsilon = 0.1$. For this value of ϵ , the distance of the wavenumber to the edge of the gap is $\Delta q = q_4 - q_r = -0.005$. (b) Same as panel (a) with $\epsilon = 0.22$. (c) Plot of the amplitude of the front ($\max_t u_6(t)$) for the numerical simulation (blue dots) and prediction based on Eq. (7.12) (blue line) as a function of Δq . The real part of the Floquet exponent corresponding to q_4 (solid red squares) and asymptotic approximation $r_0^+ \epsilon$ (red line) are also shown, which indicates the initial growth rate.

The amplitude equation Eq. (7.18) can be used to approximate the front dynamics. However, the equation does not yield an explicit solution in the presence of damping and so we will employ a qualitative and numerical analysis of Eq. (7.18). A straightforward phase plane analysis shows that the trivial fixed point $(A, A') = (0, 0)$ is a saddle with corresponding eigenvalues $r_0^\pm = (-s_3 \pm \sqrt{s_3^2 + 4s_1})/2$ and the fixed points $(A, A') = (\pm \sqrt{s_1/s_2}, 0)$ are spiral-sinks with corresponding eigenvalues $r_1^\pm = (-s_3 \pm i\sqrt{8s_1 - s_3^2})/2$ where the s_j are the coefficients of Eq. (7.18), namely,

$$s_1 = \left(\frac{\tilde{c}^2}{4m} - \delta \right) \frac{2}{\lambda''(\ell_0)} + \frac{\tilde{c}^2}{4m^2} > 0, \quad s_2 = \frac{2\chi}{\lambda''(\ell_0)} > 0, \quad s_3 = \frac{\tilde{c}}{m} > 0.$$

697 In the phase plane, there is a heteroclinic orbit that leaves the trivial fixed point along the unstable
698 eigenvector $(1, r_0^+)^T$ and approaches the $(\sqrt{s_1/s_2}, 0)$ fixed point. There is another heteroclinic orbit that
699 leaves the trivial fixed point along the unstable eigenvector $(-1, -r_0^+)^T$ and approaches the $(-\sqrt{s_1/s_2}, 0)$
700 fixed point, see Fig. 6.1. To approximate the heteroclinic orbit, we numerically solve Eq. (7.18) with initial
701 condition $A(0) = 10^{-4}$, $A'(0) = 10^{-4} r_0^+$. The resulting solution $A(\tau)$ is then used in Eq. (7.12) to generate
702 the approximation of the lattice dynamics.

703 Examples are shown in Fig. 8.5(a,b), where the envelopes are shown for $\epsilon = 0.1$ and $\epsilon = 0.22$, respec-
704 tively. Once again, the envelope dynamics are captured well by Eq. (7.12), especially for small ϵ . The
705 periodic oscillation of the envelope can be approximated by the imaginary part of the eigenvalue associated
706 to the non-trivial fixed point, namely $\tau_{\text{env}} = 2\pi/(\sqrt{8s_1 - s_3^2}/2)$. In terms of the original lattice variables
707 this translates to $\tau_{\text{env}}/\epsilon$. For the example shown in Fig. 8.6(a) with $\epsilon = 0.1$, the average peak-to-peak time
708 of the envelope is 165.3 time units, where as $\tau_{\text{env}}/\epsilon = 159.3$, which is quite close.

709 The front amplitude as a function of Δq is shown as the solid blue line in panel (c), and an approximation
710 of the initial growth rate $r_0^+ \epsilon$ is shown as the red line. Once again the asymptotic behavior as $\Delta q \rightarrow 0$ is
711 correct. Despite the presence of damping, the front amplitude grows like $\mathcal{O}(\sqrt{|\Delta q|})$.

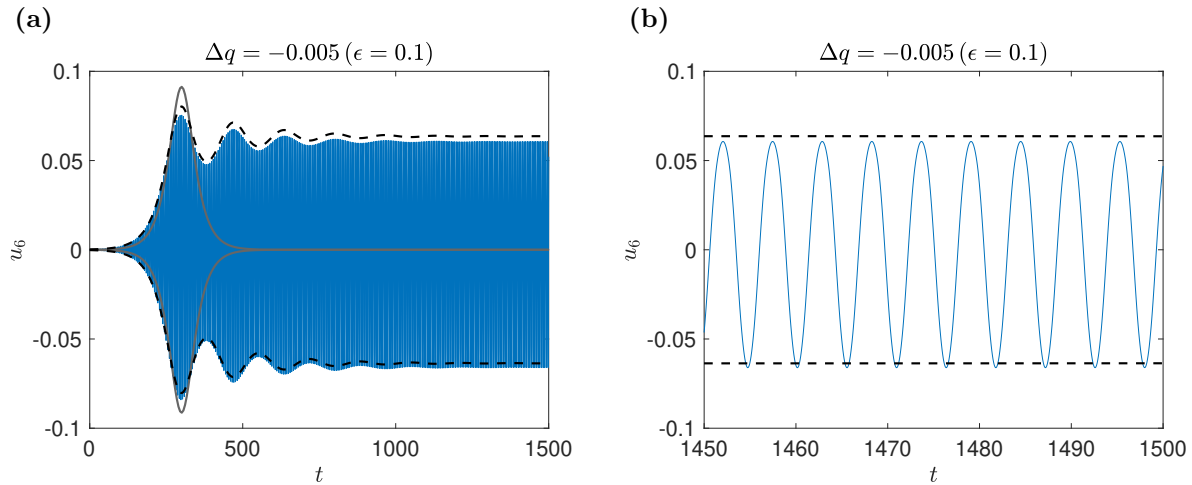


FIG. 8.6. (a) Same as Fig. 8.5(a) but over a longer time interval. The dashed line shows an approximation of the envelope given by Eq. (7.12), which accounts for damping. The solid gray line shows the homoclinic approximation (i.e., with no damping) of the envelope given by Eq. (8.2). (b) A zoom of panel (a) for large values of t . Here it can be seen the dynamics are very close to periodic.

712 **9. Conclusions.** Generalized q -gap breathers are coherent structures that are localized in time, peri-
 713 odic in space, and have wavenumber in a q -gap. They are the natural counterpart of the discrete breathers
 714 of spatially periodic lattices, which themselves are of fundamental importance in a diverse range of fields.

715 In the absence of damping, we proved rigorously the existence of generalized q -gap breathers in a
 716 time-periodic FPUT lattice using normal form theory. In particular, we proved the existence of oscillating
 717 homoclinic solutions over a finite time interval with tails that can be made arbitrarily small, but finite.
 718 These solutions bifurcate from one edge of the q -gap. Which of the edges is determined by the nonlinear
 719 coefficients K_3, K_4 and the concavity of the spectral band from which the solution bifurcates. The amplitude
 720 of the q -gap breather grows like $\mathcal{O}(\sqrt{\Delta q})$, where Δq is the distance of the underlying wavenumber to the
 721 band edge. This result makes rigorous the numerical and experimental observations of such q -gap breathers
 722 in [7]. We also provided a tractable analytical approximation of such solutions using a multiple-scale
 723 analysis and corroborated results with direct numerical simulations.

724 In the presence of damping we proved the existence of solutions that connect the zero state to a
 725 time-periodic one, which we called the transition fronts. The multiple-scale analysis also provided an
 726 accurate description of the front solutions, although the underlying amplitude equation needed to be
 727 solved numerically. The initial stage of the front dynamics were well described by the undamped q -gap
 728 breather approximations.

729 Generalized q -gap breathers and transition fronts represent new types of nonlinear wave structures. This
 730 work provided the first rigorous results in their study, complementing earlier experimental and numerical
 731 work. Nonetheless, there are still many open questions regarding q -gap breathers and transition fronts.
 732 This includes the possible existence of genuine q -gap breathers (i.e., with both tails decaying to zero),
 733 the numerically exact computation of q -gap breathers (i.e., numerical roots of the appropriate map up
 734 to a user-prescribed tolerance) and the exploration of such structures in higher spatial dimensions or in
 735 settings beyond the FPUT realm. Indeed, any system that is already described by a nonlinear wave
 736 equation that could be adapted to be time-varying (in order to induce a q -gap) would be a candidate for
 737 the implementation of q -gap breathers. This suggests that q -gap breathers' relevance, and hence the results
 738 of this work, could extend to a wide range of fields.

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